



# Mount Pleasant Primary School

# NEWSLETTER



Newsletter Number 38

28<sup>th</sup> November 2024

## Upcoming Dates

Swimming (All Grades)	Monday 2 <sup>nd</sup> to Friday 6 <sup>th</sup> December
Statewide Transition Day	Tuesday 10 <sup>th</sup> December
Foundation Transition Day 5 (9-11am)	Tuesday 10 <sup>th</sup> December
Grade 6 Graduation	Thursday 12 <sup>th</sup> December
F-2 Mrs Claus Story Telling	Monday 16 <sup>th</sup> December
Student Led Conferences	Tuesday 17 <sup>th</sup> December
Curriculum Day – Student Free Day	Thursday 19 <sup>th</sup> December
Last day of Term 4 – 1.30pm finish	Friday 20 <sup>th</sup> December

**Please note change of phone number for absences**  
**SMS - 0409 323 652**

## News from the Principal

Dear families,

The end of the year is very quickly approaching. Students are starting to show those signs of becoming tired as we enter a busy part of Term 4. Some ways to support students to continue through for the last few weeks include:

- Ensuring students are getting enough sleep – regular bed times and limiting device time before bed will ensure a healthy night's sleep to prepare for the next day
- Assisting with independence around uniform – students may need to have their school uniform ready the night before to help them get going in the morning
- Keeping regular morning routines – have consistent morning times to ensure repetition and consistency in the mornings to help students follow the same routine (e.g. up, dressed, breakfast, teeth... etc.)
- Packing bags / making lunches the night before can save the morning hassles and rush

## Swimming

Next week, we begin our swimming week. Students will need to be at school on time each day, as the buses will be required to leave on time for students to make their swimming program in time. Students will spend 45 minutes each day receiving intense swimming instruction with our qualified Fed Uni swim instructors. It is highly encouraged that students wear their swimwear under their uniform to school, and bring their towel and underwear in a waterproof bag for after swimming. A waterproof bag is essential to ensure there is somewhere for students to place their wet swimwear and towel after swimming.

If you have any questions about the program or having students prepared, please check in with their classroom teacher.

## Student Led Conferences

These conferences will be available to book on Sentral from tomorrow (Friday 29<sup>th</sup>). Student Led Conferences will take place from **2:30 to 5:30 on Tuesday 17<sup>th</sup> December**. Please book in for this opportunity – students will be prepared to share a presentation about their learning and successes. Conferences can be booked directly on Sentral, however, if you are having trouble accessing the booking on Sentral, please come by the office and we will assist you in this process.

Students will be split into two large groups with our specialist teachers and ES on the afternoon of conferences to allow more time for conferences with students and families. For families who can, we would appreciate your support in **collecting students at 1:45pm** if possible. Students who are being collected do need to be collected at the office. Students may also be signed out after a student conference, provided they are signed out through the office (if prior to 3:15).

## Reports

This term, student reports will be sent home on Wednesday 18<sup>th</sup> December. This will follow the Student Led Conferences. These will focus on sharing student progress throughout the last six months. It is a time to celebrate the achievements and growth, however, please remember that our School Values of Respect, Resilience and Responsibility are of great importance. As a school we like to place emphasis on the learning behaviours; Works to best of ability, Class behaviour, Shows respects to classmates and staff, Completes learning tasks, Acts on feedback given. These learning behaviours are all related to our values. When students demonstrate these learning behaviours, we know they are going to be set up for success! I would like to encourage families to discuss this aspect of reports and reflect together.

Kind Regards,

Mrs. Carly Middleton  
Acting Principal

*I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.*



If your child has come home in clothing from school due to an accident or wet weather, could you kindly return this washed, so that we can reuse them. Currently our cupboard is bare, so if your child requires clothing, you may be called to drop some off.

If by chance you have any navy tracksuit pants, dresses, shorts, etc, in excellent condition, that you no longer require and would like to donate to the wet weather cupboard, it would be very much appreciated.





## EXTEND UPDATE

### Mount Pleasant Primary School

#### Upcoming Activities:

Monday	Tuesday	Wednesday	Thursday	Friday
Grow a Christmas tree	Card games	'Elf Yourself' craft	Rocky Road making	Christmas word searches and crosswords

#### The Extend Superstar is Bayley

For finding fun ways to adapt games and activities so everyone can be involved and for modelling kindness.

#### What's Been Happening?

During term 4, we had many exciting opportunities for STEM exploration, team games and outside play. We have enjoyed hanging out on the new playground, making jack-o-lanterns using glass jars and tissue paper, creating paper shoes that can be taken on and off and playing 'dice golf' in pairs. During dice golf, Lily completed each activity in one go, making her the winner with the lowest score of only 5 points! We are looking forward to Christmas and end of year celebrations in the last few weeks for the year.



Enrol and book now: [extend.com.au](http://extend.com.au)

## Commemorative Glass

As part of the 150<sup>th</sup> Anniversary of Mount Pleasant Primary School, we have had some commemorative glasses made up. These are available to purchase from the office for \$10 each.



## Maximise Your \$400 School Saving Bonus!

with State Schools' Relief!

High quality (unbranded)  
uniform items such as:  
Shorts, pants, skirts,  
dresses and jackets



### Make the Most of Your School Saving Bonus with State Schools' Relief!

State Schools' Relief offers high-quality, unbranded school uniforms and school shoes, perfect for using your School Saving Bonus (SSB).

To help parents and carers navigate the process, we've created a digital information pack with all the details you need.

Click or download below for more information:

[SSB PORTAL USER GUIDE](#)

[HOW TO MAXIMISE YOUR BONUS](#)

[EXCHANGES POLICY](#)

*The best news is that when you shop with State Schools' Relief, you're helping more than just your own family. Every dollar spent supports critical welfare programs for students in need across Victoria. So, you can feel extra good about those new school shoes!*

## VOLUNTEERS NEEDED!!!

### Breakfast Club Parent Helpers Needed Term 4!

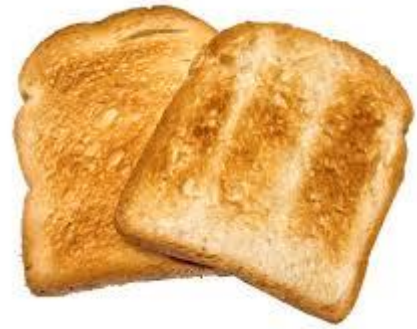
A huge thank you to our wonderful parent volunteers for coming in every day to help with Breakfast Club!

Because of our community spirit, we now provide a nutritious breakfast for our students five days a week to give them the best start for the day.

We need more parent volunteers; more hands light work! We have some parents who volunteer once a week, some that can only committ to a couple of times throughout the term – we will warmly welcome any type of assistance.

**Thank you for the great response, Monday and Wednesdays are now covered. We are currently looking for volunteers on Tuesdays, Thursdays and Fridays.**

If you are interested, please contact Anna Johnson on 5332 3646. Set up starts at 8.20am and you should be out the door by 9.15am.



## Do you suffer from asthma or hay fever?

Grass pollen season is here



**Thunderstorm Asthma  
can be life-threatening.**

Know the risks. Get prepared. Stay safe.



See your GP about  
an asthma action  
plan or hay fever  
treatment plan



Avoid  
thunderstorms -  
go indoors  
before and during  
thunderstorms.



For forecasts &  
alerts, get the  
VicEmergency  
app



Always carry  
your medication  
in grass pollen  
season



Learn  
asthma  
first aid

Learn more



 [my.gh.org.au/thunderstormasthma](https://my.gh.org.au/thunderstormasthma)

 Grampians  
Health  
Grampians Public  
Health Unit

**Make sure you join the Sentral for Parents App as school reports, newsletters, absences will be accessed via the app. If you require help with this, please see the office.**

Please check your child's hair, as there has been an increased number of cases at school.

**Don't forget to bring your school hat, Term 4 its "no hat, no play".**

**You can purchase a hat from the front office for \$6.**



**We are now accepting enrolments for 2025. If you have a child starting Foundation in 2025, enrolment forms are available from the office. Once completed, please hand into the office as soon as possible.**

# **NOW ACCEPTING 2025 ENROLMENTS**

## **Meet the Teachers**

<https://mtplesps.vic.edu.au/meet-the-teachers/>



- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



## PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

Please note that the City of Ballarat will be undertaking regular patrols to ensure parking compliance. Any breaches observed, will be enforced. This is to help ensure the safety of students and staff and the broader school community. We implore all road users to ensure that they adhere to the law to maintain the ongoing safety of everyone involved.

*Student and community safety should be our priority.*



REMEMBER  
ONCE A WEEK,  
TAKE A PEEK



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

### STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – [mount.pleasant.ps@education.vic.gov.au](mailto:mount.pleasant.ps@education.vic.gov.au)



If your child is missing any belongings, please check our lost property at the office. We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at [www.extend.com.au](http://www.extend.com.au) or phone 1300 366 437 to book.

Follow  
us  
f @facebook

[www.facebook.com/Mtpleasps](http://www.facebook.com/Mtpleasps)

FOLLOW US ON  
INSTAGRAM



@mountpleasantprimaryschool



## Supporting Our Community

# PLAY THERAPY APPOINTMENTS OPENING IN TERM 4

We use neuroaffirming and  
trauma informed approaches

Are you looking for a play therapist?  
We're expanding our team and would  
love to hear from you!

We are opening more appointments in  
late 2024. Lock in your spot on our  
waitlist before it's too late!

### Our therapists specialise in:

- Social emotional development
- Behaviour
- Neurodiversity and trauma
- Parent coaching and family work
- Parent/child attunement
- Advocacy at kinder/school

### MORE INFO

admin@starotforkids.com.au

WWW.STAROTFORKIDS.COM.AU



DISCOVER. LEARN. PLAY. SUMMER

## EXTEND SQUAD

FANTABULOUS school holiday experiences!

Start 2025 with a  
**Summer Science  
Spectacular!**

LAUNCH INTO JANUARY WITH A FANTASTIC SCHOOL  
HOLIDAY EXPERIENCE LIKE NO OTHER!

BOOK YOUR 2025 SCHOOL HOLIDAYS AT [EXTEND.COM.AU](https://www.extend.com.au)

Save up to 90% with the Child Care Subsidy!

## COME & PLAY SUPER CLINIC

Tuesday 10th December 2024  
City Oval, Ballarat  
4pm to 5pm | Ages 5 - 12 years old

**MUST REGISTER TO ATTEND.**

To register your FREE attendance - Scan QR code  
and fill in your details.

WESTERN BULLDOGS PLAYERS IN ATTENDANCE





# Sentral e-resource

## Registering on the Sentral for Parents App for the first time



### Sentral for Parents App

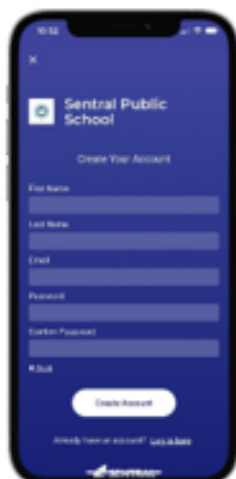
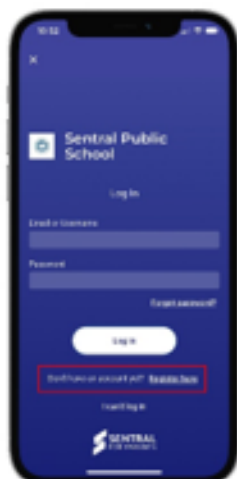
**Step One:** Download the Sentral for Parents app.



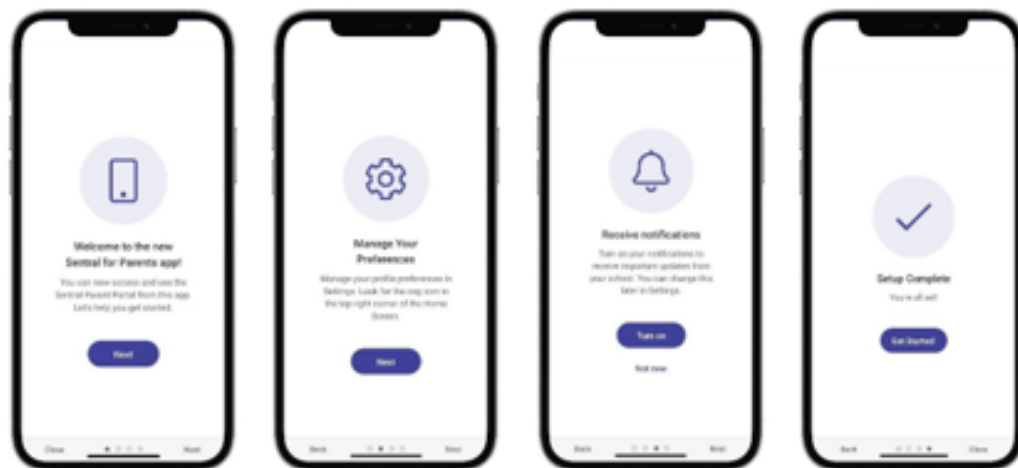
**Step Two:** Type in the school's name.



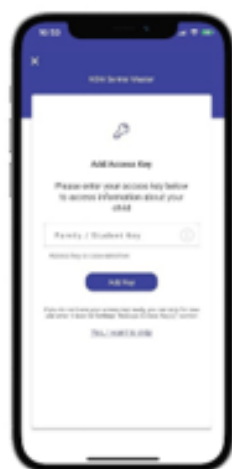
**Step Three:** Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



#### Step Four: Choose your preferences



**Step Five:** Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



**Step Five:** You are now connected and can interact with the App.



## Lunch Orders – Thursdays only New Price List 2024

Off the Grill		Cold Food	
Chicken Parma Roll	\$6.00	BLT Roll	\$6.00
Chicken Schnitzel Burger	\$6.00	Cheese Roll	\$6.00
Vegetarian Burger	\$6.00	Chicken & Salad Roll	\$6.00
		Ham & Salad Roll	\$6.00
Hot Food		Salad Roll	\$6.00
Chicken Nuggets(3)	\$2.50	BLT Sandwich	\$6.00
Chicken Nuggets(6)	\$4.50	Cheese Sandwich	\$6.00
Dim Sim	\$1.50	Chicken & Salad Sandwich	\$6.00
Pie	\$4.50	Ham & Salad Sandwich	\$6.00
Party Pie	\$1.50	Salad Sandwich	\$6.00
Party Sausage Roll	\$1.50	BLT Wrap	\$6.00
Veggie Pastie	\$4.50	Cheese Wrap	\$6.00
		Chicken & Salad Wrap	\$6.00
Drinks		Ham & Salad Wrap	\$6.00
Orange Juice	\$2.50	Salad Wrap	\$6.00
Apple & Blackcurrant Juice	\$2.50		
Strawberry Milk	\$3.00	Snacks	
Chocolate Milk	\$3.00	Fruit Salad	\$3.50
		Yoghurt & Muesli	\$3.50



## Mt Pleasant Primary School Song

Five days a week, 40 weeks a year

My friends and I we all hang out here

This is our school, where we're learning how

To respect each other and ourselves as well, now

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

When we walk up the hill, sometimes we get tired

But we bounce right back, because we're inspired

By our school values, we're building resilience

And skills we can use to share all our brilliance, yes

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're part of a community

So we show responsibility

Being kind and helping out

Taking care of each other is what it's all about, yes

We break for fruit snack

We're on the right track

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're half way there at Mt Pleasant Primary School

