



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 35

7th November 2024

Upcoming Dates

Learning Through Lunch (5/6A)	Monday 11 th November
Foundation Transition Day 3 (9-11am)	Tuesday 12 th November
Year 3 Sleepover (3.15pm Friday – 8am Saturday)	Friday 15 th November/Saturday 16 th November
F-2 Late Stay (3.15pm – 5.15pm)	Friday 15 th November

**Please note change of phone number for absences
SMS - 0409 323 652**

News from the Principal

Dear families,

We are looking forward to seeing our families this afternoon for our Family Night! It looks like the weather will be kind to us, too.

Safety Reminder

After the devastating tragedy last week at Auburn South PS, I would like to add a timely reminder to our families on the importance of driving safely around schools. Please follow the road rules at all times and take extra care at pick up / drop off times. For example; It may take people an extra 30 seconds to pull out of the car park safely and do a u-turn where appropriate, but reversing across the wrong side of the road is terribly dangerous and breaking the road rules. Please adhere to the 40km speed limit around schools.

Our thoughts are with the school community and family of the 11 year old boy, who died last week after a car accident at his school, and the four other families who had seriously injured children. Our children are precious and irreplaceable – please take care.

Sun Smart

As the UV levels rise above 3 across Victoria, it's time to remind children of the importance of being Sun Smart.

Exposure to the sun's UV during childhood and adolescence has a big impact on skin cancer risk – but it's almost entirely preventable with good sun protection:

- SLIP on sun protective clothing
- SLOP on SPF50+ broad spectrum water-resistant sunscreen
- SLAP on a wide brim hat
- SEEK shade when outdoors
- SLIDE on sunglasses, where practical (students are allowed to wear them at school while outside)

As a Sun Smart school we require all students to wear hats outside during recess and outdoor activities. Any student without a hat is expected to play in our shaded quiet area. We do still have hats available at the office for \$6.

Student Leadership 2025

Next week, discussions will begin with our current Grade 5 students about student leadership positions for 2025. I encourage families to talk at home with their Grade 5 children about what role they might like to pursue. A great discussion point might include 'What does it take to be a leader at school?' or 'How do you show the school values?'

I look forward to discussing the leadership roles with students next week.

Kind Regards,

Mrs. Carly Middleton
Acting Principal

I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



VOLUNTEERS NEEDED!!!

Breakfast Club Parent Helpers Needed Term 4!

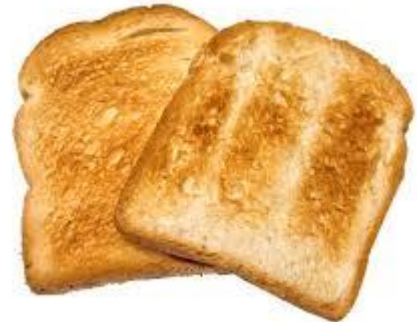
A huge thank you to our wonderful parent volunteers for coming in every day to help with Breakfast Club!

Because of our community spirit, we now provide a nutritious breakfast for our students five days a week to give them the best start for the day.

We need more parent volunteers; more hands light work! We have some parents who volunteer once a week, some that can only committ to a couple of times throughout the term – we will warmly welcome any type of assistance.

Thank you for the great response, Monday and Wednesdays are now covered. We are currently looking for volunteers on Tuesdays, Thursdays and Fridays.

If you are interested, please contact Anna Johnson on 5332 3646. Set up starts at 8.20am and you should be out the door by 9.15am.



Ruff Cut Clothing

All Navy clothing - \$10 – School Shorts, Navy/White Dresses, Skorts, Tracksuit pants

Ruff Cut Clothing, 202 Lyons Street South, Ballarat Central

Performing Arts



We're having a fabulous Term 4 in Performing Arts. Here's some highlights so far:

In Grade F we have created our own Underwater Creature movements including animals such as sharks, dolphins, turtles, clams, clown fish, a treasure chest and a shipwreck. We will be acting out fun moments from story books later this term.

Grade 12 students have been working on drama moments where characters use words and actions to show their ideas. Our inspiration has been some wonderful books from our library and we have travelled to magical lands, become talking animals and....



In Grade 3 students have been learning about making clear scene beginnings where the characters and actions are named and clear. So far we've had scenes about making breakfast, washing the car, buying toys and much more!

Grade 4 students have been working with scripts written by other students about a faulty Donut Machine and a Magic Umbrella. They are working with props and learning how to bring the script to life with clear actions and expressive voices.

We plan to present our plays to another grade later in the term.



Grade 456 have been developing their character-making skills in some comedic scenes. They have explored how to transform their voices and physicality to show different characters at work in cafes, at the beach, going bowling and much more.

Glynis Angell

Performing Arts Teacher



Do you suffer from **asthma** or **hay fever**?

Grass pollen season is here



**Thunderstorm Asthma
can be life-threatening.**

Know the risks. Get prepared. Stay safe.



See your GP about
an asthma action
plan or hay fever
treatment plan



Avoid
thunderstorms -
go indoors
before and during
thunderstorms.



For forecasts &
alerts, get the
VicEmergency
app



Always carry
your medication
in grass pollen
season



Learn
asthma
first aid

Learn more



my.gh.org.au/thunderstormasthma

 Grampians
Health
Grampians Public
Health Unit

Make sure you join the Sentral for Parents App as school reports, newsletters, absences will be accessed via the app. If you require help with this, please see the office.

Please check your child's hair, as there has been an increased number of cases at school.

Don't forget to bring your school hat, Term 4 its "no hat, no play".

You can purchase a hat from the front office for \$6.



We are now accepting enrolments for 2025. If you have a child starting Foundation in 2025, enrolment forms are available from the office. Once completed, please hand into the office as soon as possible.

NOW ACCEPTING 2025 ENROLMENTS

Meet the Teachers

<https://mtplesps.vic.edu.au/meet-the-teachers/>



- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

Please note that the City of Ballarat will be undertaking regular patrols to ensure parking compliance. Any breaches observed, will be enforced. This is to help ensure the safety of students and staff and the broader school community. We implore all road users to ensure that they adhere to the law to maintain the ongoing safety of everyone involved.

Student and community safety should be our priority.



REMEMBER
ONCE A WEEK,
TAKE A PEEK



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – mount.pleasant.ps@education.vic.gov.au

Parent Portal – Sentral

We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in the newsletter. This can be used for sending through student absences, etc.



If your child is missing any belongings, please check our lost property at the office.

We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.

Follow us
@facebook

www.facebook.com/Mtpleasps

FOLLOW US ON
INSTAGRAM



@mountpleasantprimaryschool



Supporting Our Community

Basketball Ballarat Term 4 Community Programs

Basketball Ballarat offers children a fun and safe way to experience basketball, setting them up for a lifelong love of the game. We run a variety of introductory programs, catering to children as young as 2 years old.

Our introduction programs include:

- **Aussie Hoops** – Ideal for kids aged 4 to 11, including All Girls Programs
- **All Abilities Rookie Hoops** – For kids aged 5 to 18 with disabilities
- **Mini Miners** – Perfect for kindergarten-aged children, 2 to 4 years old
- **Next Level** – For domestic players born 2011-2013

Registrations are now open, with programs starting the week of **October 21st**. For more information and to sign up, visit [Basketball Ballarat Community Programs](#).

For further details, please feel free to contact me, Zack Cummins, via email at programs@ballaratbasketball.com or call reception on (03) 5338 1220.



PLAY THERAPY APPOINTMENTS OPENING IN TERM 4

We use neuroaffirming and trauma informed approaches

Are you looking for a play therapist? We're expanding our team and would love to hear from you!

We are opening more appointments in late 2024. Lock in your spot on our waitlist before it's too late!

Our therapists specialise in:

- Social emotional development
- Behaviour
- Neurodiversity and trauma
- Parent coaching and family work
- Parent/child attunement
- Advocacy at kinder/school

MORE INFO

admin@starotforkids.com.au

WWW.STAROTFORKIDS.COM.AU



FINISH THE YEAR STRONG WITH EXTEND!
BOOK ONLINE TODAY FOR TERM 4!

It's the final lap of the school year as we welcome in Term 4 with Extend's premium Outside School Hours Care!

Hit the ground running this term and end the year in style with exhilarating and creative activities, a menu of yummy nutritional snacks and a fun space for children of all ages!

Make your enrolments and bookings at extend.com.au and finish the school year strong with reliable service!



BOOK 14 DAYS IN ADVANCE TO SECURE THE EARLY BIRD RATE!

Lions Club of Ballarat is proud to host International Entertainment Australia's...

2024 World Festival of Magic

An enchanting performance of cutting-edge, large-scale illusions and intimate close-up magic.

The World Festival of Magic is a FREE EVENT for children and young adults with diverse and disadvantaged abilities and backgrounds, their families, carers and peers.

Enjoy an accessible and flexible environment with a relaxed attitude to audience noise and movement, where you can be yourself without restriction or judgement.

Featuring moving, flashing lights, upbeat and sometimes dramatic music.

Showtime is approx. 1 hour with no interval. Suitable for all ages.

Scan the QR Code to watch highlights from past shows...



VENUE: FOUNDERS THEATRE, FEDERATION UNIVERSITY

DATE: THURSDAY, 14 NOVEMBER 2024

TIMES: 10.30am and 5.30pm

To book complimentary tickets, please email your ticket order and contact details to meredithnewman@showintent.com.au or text/call 0404-367-782

*Bookings are essential - Bulk and individual ticket orders from schools, organisations, families, carers/support workers etc. are all welcome...

Please include the following information when booking:

*Your Name and Email Address.

*Preferred Date/s and Showtime/s.

*Number of Tickets (one per person required).



Ballarat Royals Baseball

Our junior program saw tremendous growth during the 2024 season. To continue this growth into the 2025 season we will be running junior skill development sessions. These sessions are free of cost designed for all kids and aims to develop skill in a fun and engaging environment.



JUNIOR ROYALS SKILL DEVELOPMENT SESSIONS

KEY INFORMATION :

- **When will these sessions run?**
 - Thursdays from October 31st through December 5th
- **What time?**
 - T-ball 5:00-6:00
 - U12-U14: 6:00-7:00
- **Where will they be?**
 - Prince of Wales Park
- **What are the ages?**
 - T-ball: 4-7yrs
 - U12 - U14: 8+ yrs



BALLARAT ROYALS BASEBALL CLUB



Sentral e-resource

Registering on the Sentral for Parents App for the first time



Sentral for Parents App

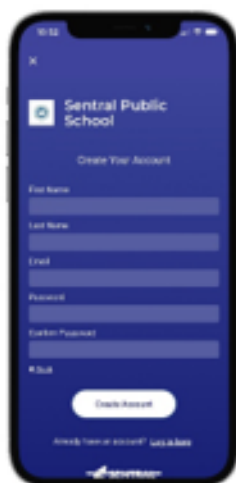
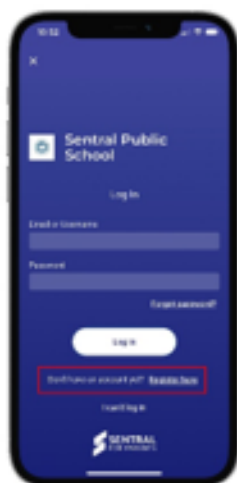
Step One: Download the Sentral for Parents app.



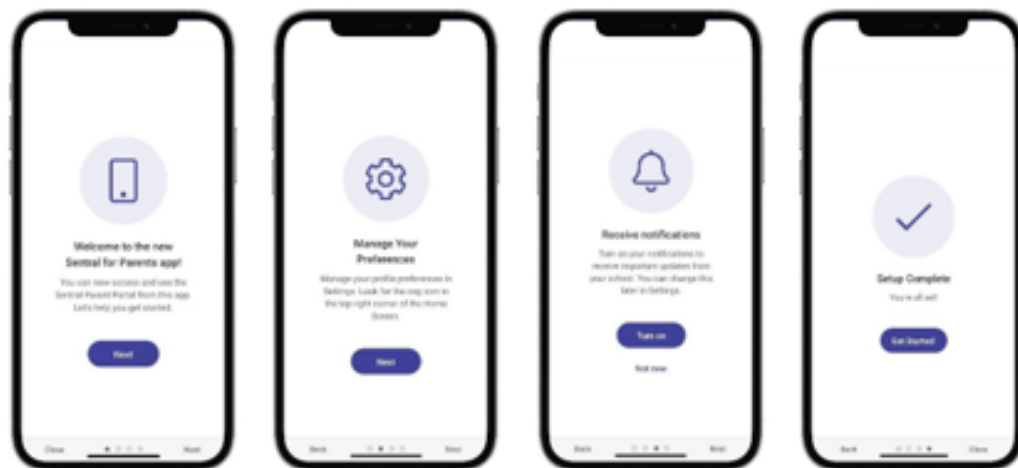
Step Two: Type in the school's name.



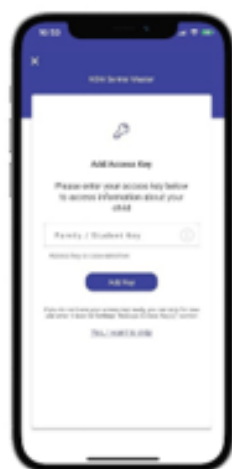
Step Three: Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



Step Four: Choose your preferences



Step Five: Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



Step Five: You are now connected and can interact with the App.



Lunch Orders – Thursdays only New Price List 2024

Off the Grill		Cold Food	
Chicken Parma Roll	\$6.00	BLT Roll	\$6.00
Chicken Schnitzel Burger	\$6.00	Cheese Roll	\$6.00
Vegetarian Burger	\$6.00	Chicken & Salad Roll	\$6.00
		Ham & Salad Roll	\$6.00
Hot Food		Salad Roll	\$6.00
Chicken Nuggets(3)	\$2.50	BLT Sandwich	\$6.00
Chicken Nuggets(6)	\$4.50	Cheese Sandwich	\$6.00
Dim Sim	\$1.50	Chicken & Salad Sandwich	\$6.00
Pie	\$4.50	Ham & Salad Sandwich	\$6.00
Party Pie	\$1.50	Salad Sandwich	\$6.00
Party Sausage Roll	\$1.50	BLT Wrap	\$6.00
Veggie Pastie	\$4.50	Cheese Wrap	\$6.00
		Chicken & Salad Wrap	\$6.00
Drinks		Ham & Salad Wrap	\$6.00
Orange Juice	\$2.50	Salad Wrap	\$6.00
Apple & Blackcurrant Juice	\$2.50		
Strawberry Milk	\$3.00	Snacks	
Chocolate Milk	\$3.00	Fruit Salad	\$3.50
		Yoghurt & Muesli	\$3.50



Mt Pleasant Primary School Song

Five days a week, 40 weeks a year

My friends and I we all hang out here

This is our school, where we're learning how

To respect each other and ourselves as well, now

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

When we walk up the hill, sometimes we get tired

But we bounce right back, because we're inspired

By our school values, we're building resilience

And skills we can use to share all our brilliance, yes

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're part of a community

So we show responsibility

Being kind and helping out

Taking care of each other is what it's all about, yes

We break for fruit snack

We're on the right track

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're half way there at Mt Pleasant Primary School

