



Mount Pleasant Primary School  
**NEWSLETTER**



Newsletter Number 24

8<sup>th</sup> August 2024

**Upcoming Dates**

Teeth on Wheels  
Costume Swap – 2.45pm – 3.30pm (Gold coin donation)  
Book Week Dress Up Day

Thursday 15<sup>th</sup> August  
Friday 16<sup>th</sup> August  
Friday 23<sup>rd</sup> August

**Please note change of phone number for absences  
SMS - 0409 323 652**

**News from the Principal**

**SAVE THE DATE**

Mount Pleasant Primary School will be celebrating its 150<sup>th</sup> Anniversary – This will be held on Saturday 19<sup>th</sup> October 2024 from 10am – 2pm. More information to come.

**Make sure you join the Sentral for Parents App as school reports, newsletters, absences will be accessed via the app. If you require help with this, please see the office.**

Dear families,

What a big week we have had!

**Costume Swap:**

A very big thank you to our families that have supported in organising and running the Costume Swap last Friday. A special mention to Grace, Lisa and Sam! It was a lovely success, and we will be having a second swap day coming up for families who were unable to make it to the first one. It was great to see that the Costume Swap even made front page of The Courier! Some lovely photos of our students were showcased.

**Staff Changes:**

Unfortunately, this week has also been very busy preparing to farewell two of our staff members. Mrs. Bond is finishing tomorrow to begin her maternity leave – we wish her all the best! A very exciting new chapter for her family. Although we will miss Mrs. Bond, we welcome Ms. Nat in the Grade 3 room, and it's been great to see the students are going well with the transition this week. With Ms. Nat taking the Grade 3 class, the 4/5s have welcomed Mrs. Bray into their room two days a week and the students have adjusted to this well. Mrs. Bray comes to MPPS with a wealth of experience in education and we are excited to welcome her to our team.

Bronwyn is finishing with MPPS today, as she is beginning a new adventure and moving to Geelong. We wish her all the best and thank her for all the support she has provided our school community.

## Parent / Caregiver Survey:

Just another quick reminder to please check your emails and have your say about MPPS! The Parent / Caregiver Survey information was emailed out to families at the beginning of term with the link to complete the survey. All opinions are important to us and will help us shape the direction of MPPS in the future.

### 2025:

It is at that point in the year where we are starting to prepare for our classes and structures for 2025. If you know of anyone, or have younger siblings of students, who are starting Foundation in 2025 and are considering MPPS for their education, please ensure enrolment forms are completed as soon as possible. We do also ask that if families know of any significant changes that might mean relocating in 2025, to please let us know. All of this information helps us to make the best decisions for teaching and learning at MPPS for our students.

### Values Focus: Resilience

At our school, we believe that resilience is essential for students to overcome challenges and thrive both academically and personally. As partners in your child's education, your support at home plays a crucial role in reinforcing this value.

*Understanding Resilience:* Resilience is the ability to bounce back from setbacks, adapt to change, and keep going in the face of difficulties. It's not just about handling academic stress but also about building confidence and a positive mindset. For our students, developing resilience means learning to manage frustrations, set goals, and persevere through obstacles.

#### Simple Strategies to Build Resilience at Home

1. Encourage Problem-Solving: When your child faces a challenge, guide them through the process of finding solutions rather than solving the problem for them. Ask questions like, "What do you think you could do?" or "How might we approach this differently?"
2. Celebrate Effort, Not Just Success: Praise your child's hard work and persistence. This helps them understand that effort is just as important as the outcome. For example, instead of saying, "You did a great job," try, "I'm proud of how hard you worked on this!"
3. Model Resilience: Demonstrate resilience in your own life. Share stories of times when you faced difficulties and how you overcame them. Your experiences can provide valuable lessons and show your child that it's okay to struggle and learn from mistakes.
4. Foster a Growth Mindset: Encourage your child to view challenges as opportunities for growth. Emphasize that abilities can be developed through dedication and hard work. Phrases like, "You can get better with practice," help reinforce this mindset.
5. Create a Supportive Environment: Make sure your child knows they have a safe and supportive space at home. Regularly check in with them about their day and listen to their concerns. Sometimes, just knowing someone is there for them can boost their resilience.

Kind Regards,

Mrs. Carly Middleton  
Acting Principal

*I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.*

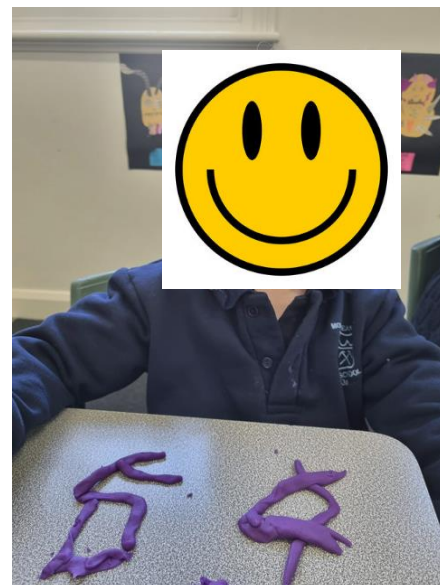


## News From Chinese

In Chinese, students have continued to develop their understanding of Chinese language and culture. Foundation students are learning to name family members in Chinese. They enjoyed singing the song 'My Family'. Students worked extremely hard on developing their fine motor skills when writing Chinese characters, they were keen to keep all the strokes in line, neat and accurate!

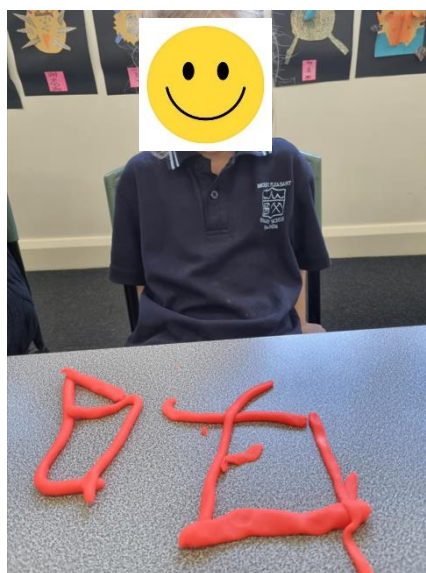
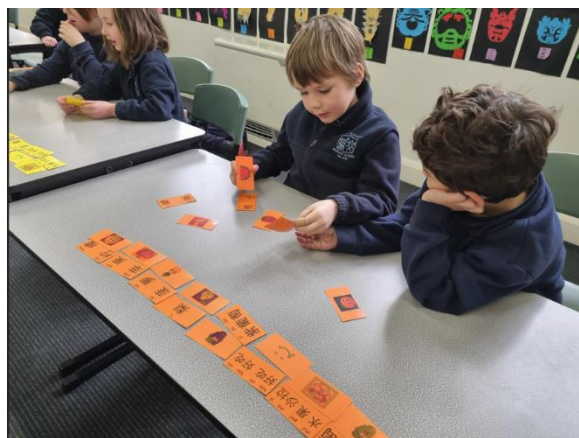


Grade 1/2 students learned to name colours in Chinese. They enjoyed singing the colour song while imitating the dance moves. They worked hard on practising the keywords and phrases by writing characters and playing memory card games.



Grade 3/4 students explored one of the Seven Wonders of the modern world, 'The Great Wall of China'. They have put great effort into learning the history of the Qin Dynasty and how the Great Wall was built. They enjoyed making a 3D watch tower and writing key information about the topic.

Grade 5/6 students have learned to introduce 'What sport do you do?'. They developed greater efficiency in searching for useful information online and then summarised the learning content to complete the tasks. They explored the differences between Taekwondo, Karate and Jiu-jitsu, understood where they originated, and what specific techniques are required. Students enjoyed talking about their favourite sports and singing the song while imitating the sports movements.







## Annual costume swap in preparation for Book Week!

Thank you to everyone who came to our costume swap on Friday 2<sup>nd</sup> August, it was a great success. For those of you who couldn't make it on this day, we will be having another one on Friday 16<sup>th</sup> August.

The costume swap is free to participate in, you do not need to donate a costume to take a costume, but if you are able to make a gold coin donation, this will go towards fundraising for the school for the purchase of learning enrichment.

WHEN: August 16<sup>th</sup> from 2.45pm – 3.30pm

Thank you in anticipation of your kind donations and for your support in helping to create a brighter future for our school community and children. Please note all children must be accompanied by their parent/family member/carer during the Costume Swap.

Thank you so much to the parents who have volunteered their time to run the costume swap.





# Sensory Garden Working Bee

Thursday 8th August @ 3.30pm-4.30PM

Thursday 15<sup>th</sup> August @ 3.30pm-4.30PM



If you can spare a little time to help tidy up and plant some new plants, we would love to see you. Everybody is welcome, all equipment including gloves will be supplied. Hope to see you in the garden.

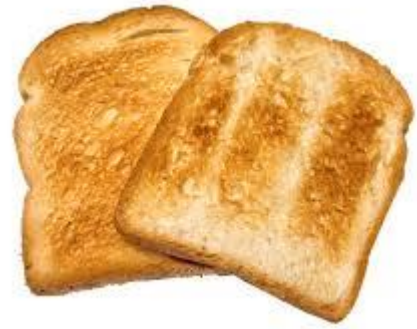
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## Breakfast Club at MPPS Update!

A huge thank you to our parent volunteers for coming in every day to help with Breakfast Club!

We now provide a nutritious breakfast for our students five days a week to give them the best start for the day. This is a trial-and-error process and we have realised some changes to Breakfast Club are needed, to ensure that all students can access breakfast and that our learning commences at 9am.

- **School gates will be open by 8.40am.**
- **Students are to remain in the Brekkie Club area to complete their brekkie, not on the playground, wandering the school or in the classroom.**
- **Brekkie Club will close at 8.55am – so please ensure your child/ren arrive in plenty of time to have some brekkie as we will not be accommodating late comers.**



We would love to see more parent volunteers come on board; more hands light work! If you are interested, please contact Anna Johnson on 5332 3646. Set up starts at 8.20am and you should be out the door by 9.15am.

If your child has come home in clothing from school due to an accident or wet weather, could you kindly return this washed, so that we can reuse them. Currently our cupboard is bare, so if your child requires clothing, you may be called to drop some off.

If by chance you have any navy tracksuit pants, in excellent condition, that you no longer require and would like to donate to the wet weather cupboard, it would be very much appreciated.



*Just a reminder that if you are sending yoghurt or other food items that require spoons, to please send a spoon with your child, as unfortunately we do not have an endless supply of them.*



Unfortunately, there is a lot of illness through our school community, including COVID, cold and flu and RSV. If your child is showing any symptoms of these, please keep them home to keep our school community safe.

**We are now accepting enrolments for 2025. If you have a child starting Foundation in 2025, enrolment forms are available from the office. Once completed, please hand into the office as soon as possible.**

# NOW ACCEPTING 2025 ENROLMENTS

## Meet the Teachers

<https://mtpleasps.vic.edu.au/meet-the-teachers/>

- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music





Dear Families,

**Final Reminder**

We have Teeth on Wheels visiting our school for dental check-ups and oral health education starting with the August 15<sup>th</sup> 2024.

Click the link below to sign your child up – IT MIGHT BE FREE!

<https://teethonwheels.com.au/consent-forms/consent-eform/>

Please complete your form today and the Teeth on Wheels team will be in contact to schedule your child's appointment and notify you if your child's eligible for FREE dental care through the child Dental Benefit Schedule.

**CUT OFF DATE FOR COMPLETING YOUR CHILDS FORM IS ON THE August 8<sup>th</sup> 2024.**

Any further questions, please contact the Teeth On Wheels team on (03) 9338 1191.

Kindly [Press Here](#) for a step-by-step instruction on how to sign-up



**LAST CHANCE**  
To complete your form

Complete your E-form today and a Teeth on Wheels team member will contact you if your child is eligible for **FREE DENTAL CARE!**

**CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM**

TeethOnWheelsAustralia #teethonwheels Phone: (03) 9338 1191 Email: info@teethonwheels.com.au





REMEMBER  
ONCE A WEEK,  
TAKE A PEEK



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

## STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – [mount.pleasant.ps@education.vic.gov.au](mailto:mount.pleasant.ps@education.vic.gov.au)

## Parent Portal – Sentral

We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in the newsletter. This can be used for sending through student absences, etc.



If your child is missing any belongings, please check our lost property at the office. We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at [www.extend.com.au](http://www.extend.com.au) or phone 1300 366 437 to book.

Follow us

@facebook

[www.facebook.com/Mtpleasps](http://www.facebook.com/Mtpleasps)

FOLLOW US ON  
INSTAGRAM



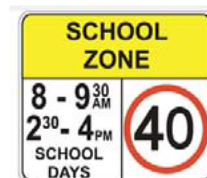
@mountpleasantprimaryschool



## PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

Please note that the City of Ballarat will be undertaking regular patrols to ensure parking compliance. Any breaches observed, will be enforced. This is to help ensure the safety of students and staff and the broader school community. We implore all road users to ensure that they adhere to the law to maintain the ongoing safety of everyone involved.

*Student and community safety should be our priority.*





# Supporting Our Community



## RACE INTO TERM 3 WITH PREMIUM OUTSIDE SCHOOL HOURS CARE

Extend is racing back into Term 3 with extraordinary care for children!

Welcome in the new spring with Extend as we get outdoors and enjoy sports, active play, and nature-themed activities and experiments!

Every day we offer a series of creative activities and energising games for all age groups! Join us as we lead the way to learning new skills and creating new friendships!

Enrol and book online for Term 3 at [extend.com.au](http://extend.com.au) today!



Enrol and book your sessions for Term 3 at [extend.com.au](http://extend.com.au)

## Psychology Assessments Now Available in Bacchus Marsh + Ballarat!

The Shine Centre is offering:

- Autism Assessments
- ADHD Assessments
- Cognitive Assessments
- Educational Assessments
- Behavioural Assessments

### Book Today!

☎ 1300395747

[www.theshinecentre.com.au](http://www.theshinecentre.com.au)



**FIRST SESSION IS FREE!  
ALL EQUIPMENT PROVIDED!  
CALL OR EMAIL FOR DETAILS!**

Club: Hockey Ballarat  
Venue: Ballarat High School (1726 Sturt St, Lake Gardens, VIC, 3355)  
First Session: Friday 9 August  
Last Session: Friday 13 September  
Time: 6:00pm – 7:00pm  
No. of Weeks: 6  
Price: \$80 OR \$135 (with equipment pack)

Coordinator Name: Zac Smith  
Coordinator Email: [admin@hockeyballarat.com.au](mailto:admin@hockeyballarat.com.au)  
Coordinator Phone: 0491 029 002



**SCAN HERE  
TO REGISTER**





# Sentral e-resource

## Registering on the Sentral for Parents App for the first time



### Sentral for Parents App

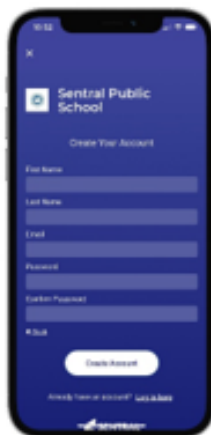
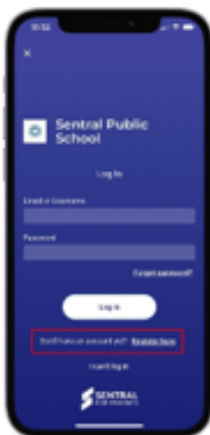
**Step One:** Download the Sentral for Parents app.



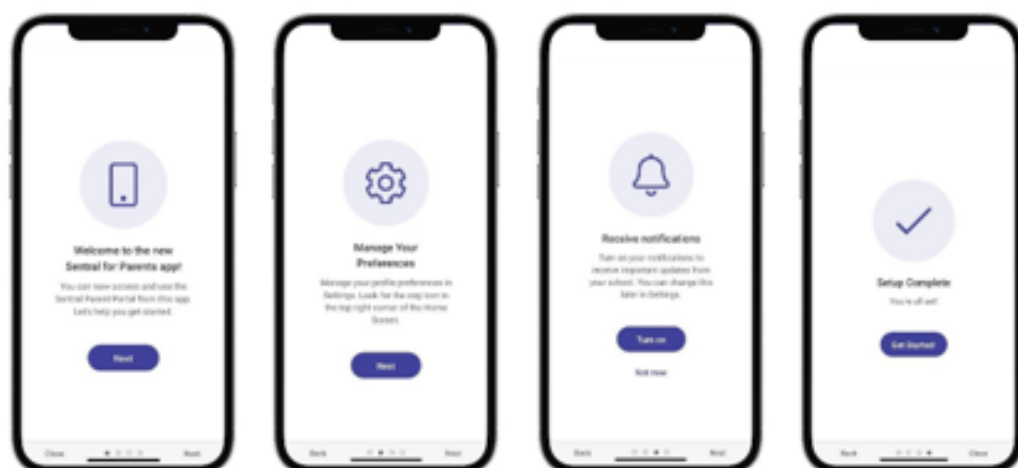
**Step Two:** Type in the school's name.



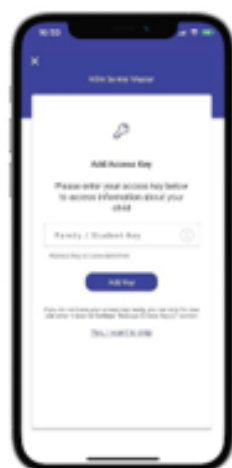
**Step Three:** Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



#### Step Four: Choose your preferences



**Step Five:** Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



**Step Five:** You are now connected and can interact with the App.





## Lunch Orders – Thursdays only New Price List 2024

Off the Grill		Cold Food	
Chicken Parma Roll	\$6.00	BLT Roll	\$6.00
Chicken Schnitzel Burger	\$6.00	Cheese Roll	\$6.00
Vegetarian Burger	\$6.00	Chicken & Salad Roll	\$6.00
		Ham & Salad Roll	\$6.00
Hot Food		Salad Roll	\$6.00
Chicken Nuggets(3)	\$2.50	BLT Sandwich	\$6.00
Chicken Nuggets(6)	\$4.50	Cheese Sandwich	\$6.00
Dim Sim	\$1.50	Chicken & Salad Sandwich	\$6.00
Pie	\$4.50	Ham & Salad Sandwich	\$6.00
Party Pie	\$1.50	Salad Sandwich	\$6.00
Party Sausage Roll	\$1.50	BLT Wrap	\$6.00
Veggie Pastie	\$4.50	Cheese Wrap	\$6.00
		Chicken & Salad Wrap	\$6.00
Drinks		Ham & Salad Wrap	\$6.00
Orange Juice	\$2.50	Salad Wrap	\$6.00
Apple & Blackcurrant Juice	\$2.50		
Strawberry Milk	\$3.00	Snacks	
Chocolate Milk	\$3.00	Fruit Salad	\$3.50
		Yoghurt & Muesli	\$3.50



## Mt Pleasant Primary School Song

Five days a week, 40 weeks a year

My friends and I we all hang out here

This is our school, where we're learning how

To respect each other and ourselves as well, now

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

When we walk up the hill, sometimes we get tired

But we bounce right back, because we're inspired

By our school values, we're building resilience

And skills we can use to share all our brilliance, yes

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're part of a community

So we show responsibility

Being kind and helping out

Taking care of each other is what it's all about, yes

We break for fruit snack

We're on the right track

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're half way there at Mt Pleasant Primary School

