



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 19

20th June 2024

Upcoming Dates

Book Orders due – Jodi Toering
Parent/Teacher Interviews (2.15pm - 5.30pm)
Last day of Term 2 (2.30pm finish)
First day of Term 3

Friday 21st June
Tuesday 25th June
Friday 28th June
Monday 15th July

**Please note change of phone number for absences
SMS - 0409 323 652**

News from the Principal

On Tuesday 25th June, if possible, could parents please pick up students at 1.45pm before Parent/Teacher Interviews. Where parents are unable to collect students, we will arrange for combined classes to allow teachers to conduct interviews. Students can be signed out from the office from 1.45pm.

Hello families and friends,

It has certainly been cooling down! With the frosty mornings, we encourage our students to be rugging up and using coats, beanies and gloves where needed. Once students enter the heated classrooms, we do ask that these items go into their bags until they go outside.

Uniform

We have seen an increase of non-uniform items appearing at school, particularly in our upper classes (grey pants, hoodies, bright shirts under school shirts). A gentle reminder to families that our uniform policy requires students to wear our navy / blue shirts and jumpers with the logo, and navy blue pants. In the colder months especially, students can wear non-logo plain navy long sleeve shirts. Please have a talk at home about these expectations and the pride we take as a school in our uniform.

During the wetter and colder months, we often find students need to borrow a change of clothes if they accidentally get wet – but we are running very low on our spare uniform items. If you do have any spare uniform that is no longer needed, we would appreciate any donations to the office.

School Council

Last night, School Council met, and I wanted to take this opportunity to thank our Council members. There was some great feedback shared about the involvement of our community in the sensory garden. This space is coming along nicely, with lots of new things planted that will provide some amazing involvement of the students' senses! If you are interested in helping in this space – contact the office for the next working bee date!

Breakfast Club

What a resounding success Breakfast Club has been so far! Our students have been showing amazing manners, lining up beautifully to come and collect a delicious breakfast on Monday and Friday mornings. The biggest bit of feedback we are getting is that we need it more often! We have big plans to expand Breakfast Club to run more days in Term 3 (hopefully every day!) but we need the support of a few volunteers to make this really successful. If you can spare even 20-30 minutes from 8:30 / 8:40 to assist on any day, please contact Mrs. Anna Johnson and let her know. We will get a timetable out as soon as possible.

Playground

Our new playground is well underway, with students becoming very excited to see it taking shape over the last two days. We now have the basic structure in place for the new equipment, and it is looking great. There is still a way to go until everything is all completed, but it is great to see it all happening. We are still hopeful that it will be ready for exploring early next term!

Communications

At Mount Pleasant PS we have a lot of information that needs to be shared with families. Currently, we have a few ways of communicating these things to our community – for clarification of what information is shared and how, here is a brief breakdown to help everyone keep up to date with all the news:

- Sentral: we use Sentral to communicate important school-wide information, such as newsletters, reports, school announcements etc. As families, you can also use Sentral to advise of absences.
- SeeSaw: SeeSaw is used by each individual classroom; this is a way of communicating class work completed by students, what has been happening in that room and sometimes communications directly to an individual family by the classroom teacher.
- Emails: some whole school information is still being sent via email while we transition all our families onto Sentral. This will all move over to Sentral soon, ensuring that all whole-school important information is available in one place on Sentral.

If you have any questions or require assistance in accessing our school communications, please just let us know in the office. We are always happy to help.

End of Term

A small reminder that next week is our last week of Term 2. It will be a busy week with Parent Teacher Interviews on Tuesday (please ensure you have booked in on Sentral or contact the office if you are having trouble getting on the app) and we have an **early finish on Friday of 2:30pm**. I'm sure all of our students are looking forward to holidays!

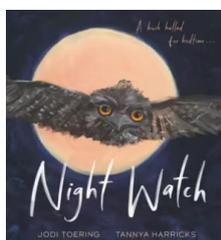
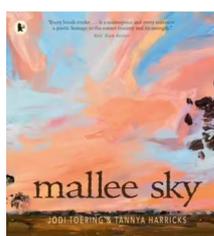
Kind Regards,

Mrs. Carly Middleton
Acting Principal

I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Just a reminder to get your orders in to purchase the amazing books that Jodi Toering, our visiting author for Book Week 2024. Order forms have already been sent home with the students, if you have misplaced or require another one, they are available from the office. Forms and payment need to be back to the office no later than Friday 21st June.



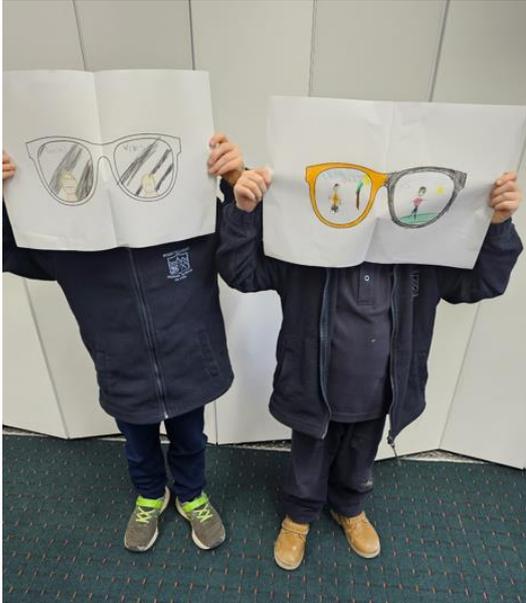
1/2B News

This Term 1/2B have been learning about Coping Strategies as part of the Respectful Relationships program.

We played the game 'Rock, Paper, Scissors'. We then discussed the negative emotions we feel when we lose or feel excluded from a game, and the strengths we need to cope with these emotions.

As a class, we looked at different types of strengths we can have and discussed how they might help us.

On our glasses, we depicted what emotions we might feel when we win and what emotions we might feel when we are not the winner of a game.



Leigh Catchment Group – Landcare Incursion

Waterway Health On Tuesday 4th June. Students participated in an incursion where they actively collected, grouped and identified aquatic invertebrates, commonly known as water bugs. The students had a wonderful time learning and participating in this hands-on activity.



Wellbeing

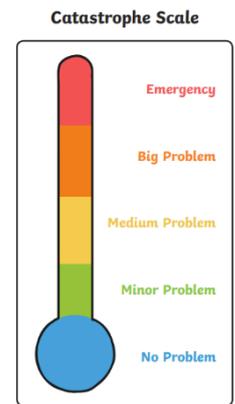


The three school values at Mount Pleasant Primary School are; Respect, Responsibility and Resilience. These values are explicitly taught at the beginning of every school year, retaught and reinforced continuously throughout the year. We ask our students; what do these values, look like, sound like and feel like in the classroom and in the playground?

Since the Covid pandemic, child and youth resilience has dropped, due to many factors, such as social isolation and disengagement in education. Resilience is the ability to overcome adversity – individually, this can look different. For some, adversity might be the lose of a parent, friendship woes, changing schools, a change in teacher, a change in family dynamic, or simply not liking what was packed in the lunchbox.

However, resilience can be taught, and we do this through; providing a supportive environment and supportive student-teacher relationships, giving positive feedback and most importantly building problem solving capabilities. Some things you can do at home to build problem solving capabilities;

- **Catastrophe Scale** – life will present many challenges, as we mature, we learn to deal with each challenge based on where we think it sits on the catastrophe scale, as adults we do this mentally. Children sometimes need help to determine where their adversity sits and how the reaction should match that adversity. If the problem is considered medium, what does the reaction look like?
- **Positive Talk** – when challenges do arise, listen to how the child feels, reinforce that they are allowed to feel that way and then talk about positive strategies or reactions to the challenge. Reinforcing the negativity will not support the child to work through the challenge.
- **Build connections with school** – by demonstrating to children that school and home are aligned, they feel a sense of belonging and structure. If you have any concerns about changes or challenges at school, please talk to your child's teacher. Working together supports home life and school life.



resilience:

"an ability to recover from or adjust easily to misfortune or change."

—Merriam-Webster Dictionary

If your child has come home in clothing from school due to an accident or wet weather, could you kindly return this washed, so that we can reuse them. Currently our cupboard is bare, so if your child requires clothing, you may be called to drop some off.

If by chance you have any navy tracksuit pants, in excellent condition, that you no longer require and would like to donate to the wet weather cupboard, it would be very much appreciated.



Breakfast Club at MPPS has started!

Breakfast Club is on every Monday and Friday from 8.45am – 9.00am in the Arts Centre. Students can enter through the last door near the junior playground. Students come to Breakfast Club for a variety of reasons – running late, not hungry at home, or still hungry when they get to school. Breakfast Club is provided for all students without question or judgement.

To make Breakfast Club even more awesome, and to put it on every day, we are looking for volunteers from 8.30am – 9.15am. Duties include making toast/cereal, serving students and cleaning up. Anyone can do it! You may be available once a term or more than once. Any support is appreciated, and you won't be on your own. Please contact Anna Johnson if you would like to go on the roster.

Just a reminder that if you are sending yoghurt or other food items that require spoons, to please send a spoon with your child, as unfortunately we do not have an endless supply of them.



Unfortunately, there is a lot of illness through our school community, including COVID, cold and flu and RSV. If your child is showing any symptoms of these, please keep them home to keep our school community safe.

We are now accepting enrolments for 2025. If you have a child starting Foundation in 2025, enrolment forms are available from the office. Once completed, please hand into the office as soon as possible.

NOW ACCEPTING 2025 ENROLMENTS

Meet the Teachers

<https://mtpleasps.vic.edu.au/meet-the-teachers/>

- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



Mount Pleasant PS Uniform



Student outer wear:

School t-shirt with logo
School jumper with logo
or

Navy blue t-shirt with collar

While we are transitioning to navy blue old school light blue t-shirts are still permitted.



Student dress:

Checked blue and white school dress
Navy blue pinafore during winter



Student bottoms:

Plain navy pants/shorts/skorts
Mid thigh length

No leggings, coloured pants or jeans



Student footwear:

Plain closed toe black shoes with a flat sole

Plain black runners

Navy tights during winter

White socks during summer

Navy or black socks during winter

(students may wear coloured sports shoes on the day they have PE)





REMEMBER
ONCE A WEEK,
TAKE A PEEK



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – mount.pleasant.ps@education.vic.gov.au

Parent Portal – Sentral

We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in the newsletter. This can be used for sending through student absences, etc.



If your child is missing any belongings, please check our lost property at the office. We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.

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FOLLOW US ON INSTAGRAM



@mountpleasantprimaryschool

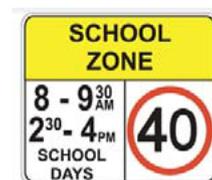


PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

The City of Ballarat traffic unit staff will be actively enforcing all parking and traffic regulations around schools and inspections will be undertaken randomly throughout the year.

All parents and visitors are reminded to please observe all parking, traffic and school crossing rules.

Student and community safety should be our priority.



Supporting Our Community

Basketball Ballarat Junior Miners Winter Holiday Camp

Power FM's Junior Miners Holiday Camps are held during each school holidays for children aged 5-14 years old of all genders and abilities.

Improve your skills, develop techniques, enhance your game, meet new friends and ultimately have fun! Our camps cater for the beginner who has never picked up a basketball to the most experienced 14-year-old in the land!

All participants can expect:

- Meet your favourite Miners players
- Expert instructions from professional coaches including Miners player and coaches
- Develop new basketball skills and training methods
- Fun and inclusive learning environment
- Structured session content including great games and prizes at every camp
- Learn how to be a great team mate and help others succeed

Registrations for the Winter Holidays are now open, with the camp being held on Monday July 1st, Tuesday July 2nd, Wednesday July 10th and Thursday July 11th from 9:00am till 3:00pm at Selkirk Stadium.

For more information and to register: <https://www.ballaratbasketball.com/holiday-camp/>

For further details please contact Zack Cummins via email programs@ballaratbasketball.com or for urgent enquiries call reception on (03) 5338 1220



School Holiday Fun - FREE Come and Try Day

Date: Saturday 29 June 2024

Time: 2.00pm to 5.00pm

Location: 499 Dowling St Wendouree

Don't be bored on school holidays, bring your mates and have some fun!

- No experience needed
- All equipment provided (just wear some runners)
- Expert help available on the day for tips and rules
- Simply turn up and have a hit in our HEATED stadium!

New Juniors players wanted - try out your skills, have some fun and join our awesome juniors competition after the holidays!

For more info on the FREE Come and Try Day or our Juniors Competition:

Contact: Baden Cutts

Ph: 0415 489 383

Email: ballarattabletennis@gmail.com

Web: revolutionise.com.au/ballaratta/





Sentral e-resource

Registering on the Sentral for Parents App for the first time

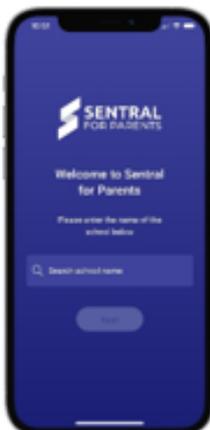


Sentral for Parents App

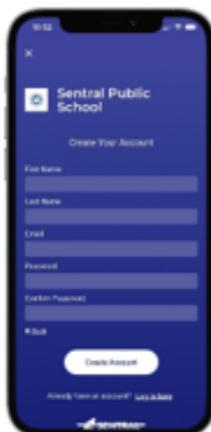
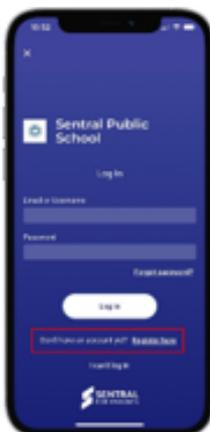
Step One: Download the Sentral for Parents app.



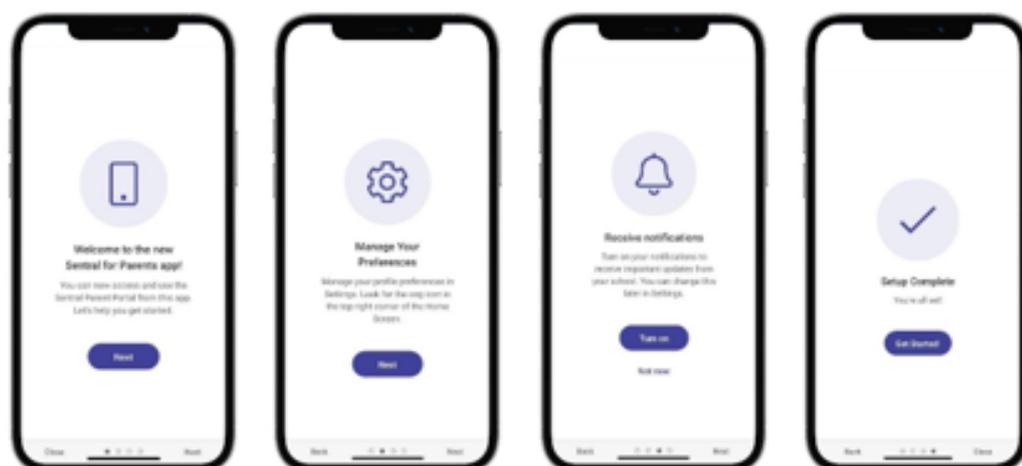
Step Two: Type in the school's name.



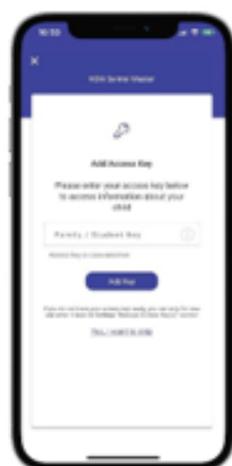
Step Three: Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



Step Four: Choose your preferences



Step Five: Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



Step Five: You are now connected and can interact with the App.

