



# Mount Pleasant Primary School

# NEWSLETTER



Newsletter Number 16

30<sup>th</sup> May 2024

## Upcoming Dates

Kings Birthday Public Holiday  
Last day of Term 2 (2.30pm finish)  
First day of Term 3

Monday 10<sup>th</sup> June  
Friday 28<sup>th</sup> June  
Monday 15<sup>th</sup> July

**Please note change of phone number for absences  
SMS - 0409 323 652**

## News from the Principal

Dear Families and Friends,

Our students all looked fabulous yesterday for our school photo day. We look forward to seeing our photos when they arrive. Thank you to our families for their efforts in ensuring students were looking their best in uniform and organised with their photo information. This assisted us in ensuring the photo morning ran smoothly.

At Mount Pleasant PS, we pride ourselves on three core values that guide our actions and interactions: Respect, Responsibility, and Resilience. These values are fundamental not only within our school walls but also in preparing our children for their future endeavours. I would like to take this opportunity to share how we can collectively support our students in embodying these values at school and at home.

### Respect

Respect is the foundation of any healthy community. It involves understanding and valuing the feelings, rights, and traditions of others. Here are some ways you can encourage respect at home:

- **Model Respectful Behaviour:** Children learn a lot by watching the adults around them. Show respect in your interactions with others, and your children will follow suit.
- **Listen Actively:** Make time to listen to your children's thoughts and concerns. This teaches them that their opinions are valued and that they should value the opinions of others.
- **Celebrate Diversity:** Encourage your children to appreciate the differences in others. Discuss the importance of kindness and empathy in everyday interactions.

### Responsibility

Teaching responsibility helps children become dependable and trustworthy individuals. It empowers them to take charge of their actions and understand the consequences. Here are some tips to foster responsibility:

- **Assign Age-Appropriate Tasks:** Give your children tasks like setting the table, helping with groceries, or organizing their school supplies. This builds a sense of duty and accomplishment.
- **Set Clear Expectations:** Clearly communicate what is expected of your children in terms of behaviour and chores. Consistency helps them understand and meet these expectations.
- **Encourage Accountability:** Teach your children to own up to their mistakes and learn from them. Praise their efforts and progress, rather than just the end results.

## Resilience

Resilience is the ability to bounce back from setbacks and keep trying despite challenges. It is a crucial skill for overcoming obstacles in life. You can help your children develop resilience by:

- **Promoting a Growth Mindset:** Encourage your children to view challenges as opportunities to learn and grow. Praise their efforts and perseverance rather than just their successes.
- **Providing Emotional Support:** Be there for your children during tough times. Listen to their concerns and offer reassurance that they can overcome difficulties.
- **Encouraging Problem-Solving:** Allow your children to face challenges and come up with solutions on their own. This builds their confidence and problem-solving skills.

Together, we can continue creating an environment where our children feel valued, responsible, and resilient. By reinforcing these values at home and in school, we equip our students with the tools they need to succeed academically and socially.

Thank you for your unwavering support and for being partners in your children's education. If you have any questions or need further support, please do not hesitate to reach out to our school staff. I look forward to continuing to work together to nurture and guide our wonderful students.

Kind Regards,

Mrs. Carly Middleton  
Acting Principal

*I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.*



## Leigh Catchment Group – Landcare Grant

Thank you to Grace Darke who applied for and received a \$5,000 grant for Mount Pleasant Primary School. We are in the process of preparing an area on the school, on the Cobden Street side, to plant with local native plants. Part of the grant is going towards educational activities delivered by the Leigh Catchment Group.

**Waterway Health** The first activity will be held at school on Tuesday 4<sup>th</sup> June. Students will actively collect, group and identify aquatic invertebrates, commonly known as water bugs. A fun and hands on activity.



*Just a reminder that if you are sending yoghurt or other food items that require spoons, to please send a spoon with your child, as unfortunately we do not have an endless supply of them.*



Unfortunately, there is a lot of illness through our school community, including COVID, cold and flu and RSV. If your child is showing any symptoms of these, please keep them home to keep our school community safe.

We are now accepting enrolments for 2025. If you have a child starting Foundation in 2025, enrolment forms are available from the office. Once completed, please hand into the office as soon as possible.

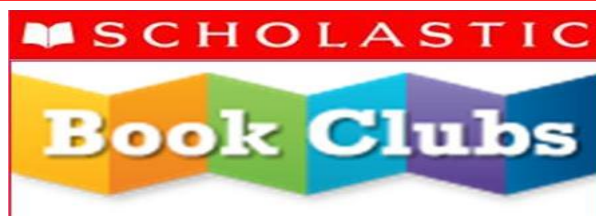
# NOW ACCEPTING 2025 ENROLMENTS

## Meet the Teachers

<https://mtpleasps.vic.edu.au/meet-the-teachers/>



- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



**Issue 4 of Book Club** order forms went home today and are due back on **Wednesday 5<sup>th</sup> June**. Orders can be placed and paid for online via the LOOP or by completing the form on the catalogue and return to the school with cash.

If your child has come home in clothing from school due to an accident or wet weather, could you kindly return this washed, so that we can reuse them. Currently our cupboard is bare, so if your child requires clothing, you may be called to drop some off.

If by chance you have any navy tracksuit pants, in excellent condition, that you no longer require and would like to donate to the wet weather cupboard, it would be very much appreciated.





## We need your help!

Breakfast Club is starting soon!! Breakfast Club will be on **every Monday and Friday** morning and will be an integral part of supporting students and their wellbeing. Each day students will enjoy yummy food, great conversation, and a full belly to start the school day. Students come to Breakfast Club for a variety of reasons - they may have been running late, they may not have been hungry at home, or they are still hungry. Breakfast Club is provided for all students without question or judgement.

To make Breakfast Club even more awesome, we need some helpers from 8:30am-9:15am every Monday and Friday morning. Duties include making toast/cereal, serving students and cleaning up. Anyone can do it! You may be available once a term or more than once. Any support is appreciated, and you won't be on your own. Could you please complete the section below to indicate when you are available to help and return to the school office by Friday 17 May? We will be in touch to confirm the roster. Thank you so much.

I am available on the following days to help with Breakfast Club:

WEEK	MONDAY	FRIDAY
6	<input type="checkbox"/> 20 May	<input type="checkbox"/> 24 May
7	<input type="checkbox"/> 27 May	<input type="checkbox"/> 31 May
8	<input type="checkbox"/> 3 June	<input type="checkbox"/> 7 June
9	<input type="checkbox"/> No Breakfast Club	<input type="checkbox"/> 14 June
10	<input type="checkbox"/> 17 June	<input type="checkbox"/> 21 June
11	<input type="checkbox"/> 24 June	<input type="checkbox"/> 28 June

Parent/Carer name: \_\_\_\_\_ Student name: \_\_\_\_\_

Parent/Carer phone number: \_\_\_\_\_



REMEMBER  
ONCE A WEEK,  
TAKE A PEEK



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

### STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – [mount.pleasant.ps@education.vic.gov.au](mailto:mount.pleasant.ps@education.vic.gov.au)

### Parent Portal – Sentral

We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in the newsletter. This can be used for sending through student absences, etc.



If your child is missing any belongings, please check our lost property at the office. We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at [www.extend.com.au](http://www.extend.com.au) or phone 1300 366 437 to book.

Follow us

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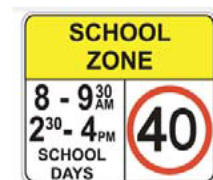


### PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

The City of Ballarat traffic unit staff will be actively enforcing all parking and traffic regulations around schools and inspections will be undertaken randomly throughout the year.

All parents and visitors are reminded to please observe all parking, traffic and school crossing rules.

*Student and community safety should be our priority.*



# Supporting Our Community



# Foster Care


Information Sessions On Now

Foster Care is about creating a safe space for children in our community. Take the next step in becoming a foster carer with Cafs. Register to attend one of our upcoming carer information sessions today.




**REGISTER YOUR INTEREST**

Visit [cafs.org.au](http://cafs.org.au) or call 1800 692 237



## JOIN EXTEND FOR THE REST OF TERM 2!

BEFORE & AFTER SCHOOL CARE



There's still time to enjoy the vibrance of Extend's colourful Outside School Hours Care for Term 2!

We're capping off the term with our annual Kids Club Art Competition running until **Friday 31 May**, featuring group artworks in the service based around all things nature!

That's not all! You can expect a service jam-packed with engaging activities for all ages, a bounty of nutritional snacks, and a safe space led by supportive Educators!

**Enrol and book today at [extend.com.au](http://extend.com.au) and wrap up your Term 2 experience in style!**

## Styled for Success presents.....

# COATS FOR THE COMMUNITY



**KEEPING THE COMMUNITY WARM FOR FREE**

Do you need a coat this winter? Styled for Success is offering FREE adult coats to anyone in need of one.

**We are also seeking donations of clean, good quality coats.**

Coats available from **Styled for Success**.  
Tuesdays, Wednesdays & Thursdays  
10am - 1pm

**Donation drop-off Location:**  
Barkly Square Reception during opening hours

**bgt** JOBS & TRAINING BALLARAT

[www.bgt.org.au/styled-for-success](http://www.bgt.org.au/styled-for-success)

# Kinship Carer Support Groups

All Carers are welcome to come and have a chat in a safe and supportive environment.

## Daylesford - Thursday

- 10.30 am - 12.00 pm
- Address will be advised after registration
- 30 May, 27 June, 25 July, 29 August, 31 October and 28 November

## Ararat - Tuesday

- 10.30 am - 12.00 pm
- Ararat Hotel, 130 Barkly Street, Ararat
- 6 May, 11 June, 6 August, 3 September, 8 October and 12 November

## Bacchus Marsh - Monday

- 10.30 am - 12.00 pm
- Baby Black Cafe, 10 Church St, Bacchus Marsh
- 20 May, 17 June, 29 July, 19 August, 16 September, 14 October and 18 November

## Ballarat - Wednesday

- 10.30 am - 12.00 pm
- NEW LOCATION - Drive Cafe, 227 Grant Street, Golden Point
- 15 May, 26 June, 24 July, 14 August, 11 September, 23 October and 20 November



To register or enquire about any of Cafs Kinship Carer Support

Groups please contact:

Sallie MacDonald  
sallie.macdonald@cafs.org.au  
1800 692 237

[cafs.org.au](http://cafs.org.au)

cafs  WE CARE

# Lunch Orders – Thursdays only

## New Price List 2024

<b>Off the Grill</b>		<b>Cold Food</b>	
Chicken Parma Roll	\$6.00	BLT Roll	\$6.00
Chicken Schnitzel Burger	\$6.00	Cheese Roll	\$6.00
Vegetarian Burger	\$6.00	Chicken & Salad Roll	\$6.00
		Ham & Salad Roll	\$6.00
<b>Hot Food</b>		Salad Roll	\$6.00
Chicken Nuggets(3)	\$2.50	BLT Sandwich	\$6.00
Chicken Nuggets(6)	\$4.50	Cheese Sandwich	\$6.00
Dim Sim	\$1.50	Chicken & Salad Sandwich	\$6.00
Pie	\$4.50	Ham & Salad Sandwich	\$6.00
Party Pie	\$1.50	Salad Sandwich	\$6.00
Party Sausage Roll	\$1.50	BLT Wrap	\$6.00
Veggie Pastie	\$4.50	Cheese Wrap	\$6.00
		Chicken & Salad Wrap	\$6.00
<b>Drinks</b>		Ham & Salad Wrap	\$6.00
Orange Juice	\$2.50	Salad Wrap	\$6.00
Apple & Blackcurrant Juice	\$2.50		
Strawberry Milk	\$3.00	<b>Snacks</b>	
Chocolate Milk	\$3.00	Fruit Salad	\$3.50
		Yoghurt & Muesli	\$3.50





## Mt Pleasant Primary School Song

Five days a week, 40 weeks a year

My friends and I we all hang out here

This is our school, where we're learning how

To respect each other and ourselves as well, now

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

When we walk up the hill, sometimes we get tired

But we bounce right back, because we're inspired

By our school values, we're building resilience

And skills we can use to share all our brilliance, yes

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're part of a community

So we show responsibility

Being kind and helping out

Taking care of each other is what it's all about, yes

We break for fruit snack

We're on the right track

It's a long way to the top

But we're half way there

We're half way there at Mt Pleasant Primary School

We're half way there at Mt Pleasant Primary School

