



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 23

3rd August 2023

Upcoming Dates

Teeth on Wheels (8.30am – 3.15pm)
Kids Costume Swap (2.45pm-3.30pm)
Book Week
F/1 Wildlife Park Excursion
Book Week Parade

Monday 7th August
Wednesday 16th August
Monday 21st August
Thursday 24th August
Friday 25th August

**Please note change of phone number for absences
SMS - 0409 323 652**

Dear Families and Friends,

This month we are holding our annual Book Parade as part of Book Week. This is a day that children can come to school dressed as a book character. Our new sustainable fundraising team will be offering a **Costume Swap** in the school playground. With children continuously growing and the constant need to replace outgrown clothing, it makes complete financial and ecological sense to offer a pre-loved costume swap for our school community. Whether you're on a budget, feel passionate about re-using and preventing clothing going to landfill or like helping others, then please do get involved! Please see further details below.

Book Week Costume Swap

The costume swap is free to participate in, you do not need to donate a costume to take a costume, but if you are able to make a **gold coin donation** the fundraising team will be collecting on behalf of the school, and any donations will go towards supporting the school to purchase learning enrichment for the school.

WHEN: August 16th from 2.45pm – 3.30pm

COSTUME DROP OFF: There will be a collection box in reception from Monday 7th August and we ask that if you have any outgrown and unwanted costumes that you leave them in the box – clean and undamaged items only please.

Items being collected include the following: Onesies, Superhero / book / film costumes, Handmade costumes, Costume accessories (e.g. hats, masks)

Thank you in anticipation of your kind donations and for your support in helping to create a brighter future for our school community and children.

Please note all children must be accompanied by their parent/family member/carer during the Costume Swap.

School Assembly

A whole school Assembly is being held this Monday 7th August at 2.40pm – Year 2 and Year 4 students will be performing songs from Music lessons with Diana.

Year 4 - Click Go the Shears

Year 2 - On Top of Spaghetti

Families are asked to enter via the Arts Centre gate on Trethowan St. Students will be dismissed at the usual time of 3.15pm.

Confectionary and Sugary drinks

We will be having a renewed focus on “**brain foods**” over the coming weeks at MPPS. The evidence of the impact of food on concentration, behaviour and our general health and wellbeing is clear.

As part of our ongoing efforts to promote a healthy and positive environment within our school community, we would like to discuss the consumption of confectionery items and fizzy drinks by our students.

While occasional treats can be enjoyed in moderation, we encourage families to be mindful of the types and quantities of confectionery (sweets, candies, chocolates) and fizzy drinks (sodas, carbonated beverages) that your child consumes during school hours. In all Victorian schools’ fizzy drinks and energy drinks such as Gatorade are not allowed in schools and lolly pops are unsafe for children when playing outside.

Kind regards,

Kate Robinson
Principal

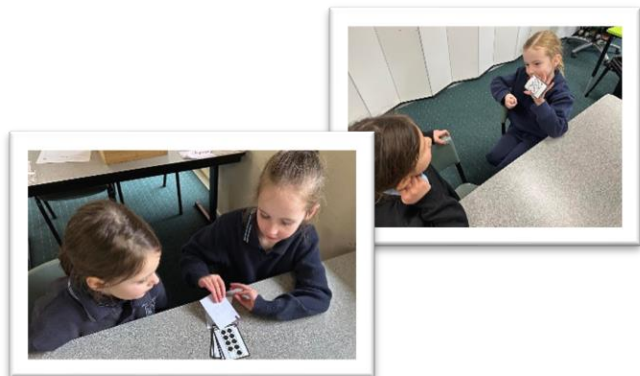
I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



MPPS Maths Update....

For each maths lesson, teachers at MPPS follow an Instructional Model that includes;

- Daily Review
- **Fluency Pairs**
- Number Talk
- Explicit teaching of concepts
- Independent/group exploration
- Reflection



Fluency Pairs

Fluency Pairs assists with fluency recall of content already taught. Students are in pairs and assist each other with problem solving, using taught strategies. Student 1 reviews the number cards, while Student 2 listens and assists if necessary. Each pair has between 2 and 4 minutes to complete the routine.

Intention – students increase fluency recall of number facts, while receiving support from their partner.

Tools – fluency cards for each pair.

Engagement – students enjoy this session as it is independent. They support their partner and step into the teacher role by assisting their partner and being in control of their own learning.

Our Instructional Model is supported by our professional learning around responsive teaching, to increase student engagement.

F1AM Update

In the past week in F1AM we have explored measurement. We measured items in the classroom and in the school grounds using different sizes of dinosaur feet. When learning about length, we use informal measurement to gain an early understanding of comparing and ordering objects.



Read, Grow, Inspire



Book Week 2023

Book Week will be held from Monday, August 20th, to Friday, August 25th. Throughout the week, various book-related activities will be taking place, ending with our annual dress-up day and parade on Friday the 25th. The theme for this year is 'Read, Grow, Inspire'.

Father's Day/Special Person's Stall

Monday 28th August (Grades 4-6)

Thursday 31st August (Grades F -3)

\$5 gift packs will be available to purchase.

Students will visit the Father's/Special Person's Day stall during the day with their teacher. Please bring money on the day if you wish to participate.

Supporting our Community



GET READY TO HAVE A BALL WITH EXTEND!

Extend is launching back into Term 3 with piles of fun activities and a wide variety of creative programs.

With Extend, you'll be able to experience a brand new term that offers pure comfort and joy!









Have a ball in Term 3 with Extend!
Make your bookings at extend.com.au today!



Family Discount

BouChic

Women's Fashion Boutique & Giftware

Shop 5 Midvale Shopping Centre
1174-1178 Geelong Road
Mount Clear

Mention your child's enrolment at MPPS to receive 5% off storewide

Discount does not apply to gift cards.

Be your own kind of beautiful





KIDS LOVE YOUR CRICKET

AND WISH YOU COULD PLAY ALL YEAR ROUND?

INDOOR CRICKET IS FOR YOU!

PARENTS IT DOESN'T GET ANY EASIER THAN THIS!

REGISTER YOUR TEAM OF 6 OR SIGN UP AS A SINGLE WE CAN ORGANISE A TEAM FOR YOU

2023 TERMS 2 & 3

No matches on during school holidays

PRIMARY GRADES 3-6

MONDAYS 4.30pm

RUNNERS REQUIRED!
UNIFORMS OPTIONAL

EVERYONE BATS & BOWLS

6 PLAYERS A SIDE
GAMES PLAYED WITH SOFT SAFE INDOOR BALL

NO COACHES REQUIRED

\$10 PER WEEK
NO REGISTRATION FEES

MAJOR LEAGUE INDOOR SPORTS
502 HOWITT STREET, BALLARAT
BOOK OR ENQUIRE NOW
CALL TREV ON 0416 134 901






FREE 7 WEEK COURSE July - Sep 2023

Reduce Re-use Recycle

Waste-Free Lifestyle!

WASTE LESS. SAVE MORE.

Funded by Sustainability Victoria

A free course designed to start you on your journey to waste-free living. You will learn new skills and knowledge, helping you to save money and reduce your waste.

9.15 am - 11.45 am, Tuesdays
Ballarat North Neighbourhood House







Register Now

0422 612 052
reception@ballarateastnh.org.au
ballarateastnh.org.au/support/waste-free-lifestyle








Bring in your clean, unwanted school uniform to the school office

HELP THE SCHOOL RAISE MUCH NEEDED FUNDS

HELP TO SUPPORT OUR SCHOOL COMMUNITY

PRELOVED SCHOOL UNIFORM

ON SALE AT RECEPTION

Parent Portal – Sentral

We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in this newsletter. This can be used for sending through student absences, etc.




FRIDAY 4TH AUGUST 10AM DRIVE CAFE

ECO-FRIENDLY

SUSTAINABLE FUNDRAISING COMMITTEE COFFEE MORNING

Join us for an informal chat to share ideas and plan for fundraising events to help raise money for the school and support our school community

HELP THE SCHOOL RAISE MUCH NEEDED FUNDS

Mount Pleasant Primary School Sustainable Fundraising Committee presents

KIDS COSTUME SWAP

When: August 16th 2.45pm - 3.30pm

Where: School playground

Drop off your unwanted, clean kids costumes to reception in the main office from Monday 7th August. The fundraising team will sort and display donated items for the swap on August 16th.

Swap don't shop
save money • reduce waste • support families

Voluntary gold coin donation

All funds raised will go to supporting the school.

NOW ACCEPTING 2024 ENROLMENTS

Meet the Teachers

<https://mtpleasps.vic.edu.au/meet-the-teachers/>

- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



If you have a child starting Foundation in 2024, enrolment forms are available from the office. Once completed please hand into the office as soon as possible.

Basketball Ballarat Term 3 Community Programs

Basketball Ballarat provide children with a fun and safe basketball experience that will serve as an introduction to a lifetime involvement in the game. A wide variety of introduction to basketball programs are ran by Basketball Ballarat, allowing children to start learning basketball as young as 2 years old.

Basketball Ballarat's introduction to basketball programs:

- Aussie Hoops – perfect for children aged 4 – 7 years
- Rookie Hoops – perfect for children aged 8 – 11 years
- All Abilities Rookie Hoops – perfect for children aged 5 – 18 years whom are living with a disability
- Mini Miners – perfect for kindergarten aged children, 2 – 4 years
- Next Level – suited for domestic players 2011-2013 born

Registrations are now open for all community hoops programs, with the programs starting the week beginning July 17th.

For more information and to register:

[Community – Ballarat Basketball](#)

For further details please contact

Ethan Fiegert via email

development@ballaratbasketball.com

or call reception on (03) 5338 1220

COMMUNITY PROGRAMS

Meet and learn from all your favourite Ballarat Miners players

- Mini Miners (2 - 4 years old)**
Develop fundamental skills and movement
- Aussie Hoops (4 - 7 years old)**
Introductory basketball development program
- Rookie Hoops (8 - 11 years old)**
Introductory basketball development program
- All Abilities Hoops (5 - 18 years old)**
Introductory basketball development program
- Next Level (10 - 12 years old)**
Learn new concepts and build on skills



BALLARATBASKETBALL.COM.AU

BRAIN FOOD MATTERS



Excessive consumption of confectionery items and fizzy drinks can have negative effects on children's health, including:

Dental Health: Sugary confectionery items and fizzy drinks are known contributors to tooth decay.

Encourage your child to opt for healthier snack options that are less damaging to their teeth.

Nutrition: Sugary food is empty calories and lack essential nutrients that growing children need for their development. Encourage a balanced and nutritious diet.

Energy Levels & Concentration: The sugar content in fizzy drinks causes energy spikes and crashes, affecting children's ability to concentrate and learn effectively in the classroom.

Long-term Health: Developing a habit of consuming excessive sugary items and fizzy drinks can contribute to long-term health issues such as obesity and related health conditions.





**REMEMBER
ONCE A WEEK,
TAKE A PEEK**

Please remember to check your child's hair weekly. Checking hair on a regular basis helps us keep this issue under control. Thank you for your support.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – mount.pleasant.ps@education.vic.gov.au



If your child is missing any belongings, please check our lost property at the office.

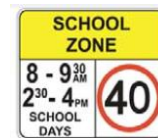
We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.

PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

The City of Ballarat traffic unit staff will be actively enforcing all parking and traffic regulations around schools and inspections will be undertaken randomly throughout the year.

All parents and visitors are reminded to please observe all parking, traffic and school crossing rules.

Student and community safety should be our priority.



Extend After School Care

3.15 pm– 6.00pm

Call 1300 366 437 for enquiries



LUNCH ORDER ~ PRICE LIST ~ 2023
GRANT STREET TAKE-AWAY
40 Grant Street, Ballarat Central 3350



Thursday Only

| | |
|---------------------|--------|
| Pies | \$3.60 |
| Veggie Pasties | \$3.60 |
| Party Pies | \$1.20 |
| Sausage Rolls | \$1.20 |
| Steamed Dim Sims | \$1.20 |
| Chicken Nuggets x 3 | \$2.20 |

| | |
|-----------|-----|
| Sauce | .20 |
| Soy Sauce | .20 |

OFF THE GRILL

| | |
|---|--------|
| Chicken Schnitzel Burger with Lettuce, Cheese & Mayo | \$4.90 |
| Chicken Parma Roll | \$5.00 |
| Vegetarian Burger with Salad | \$4.90 |

SANDWICHES

| | |
|-------------------------|--------|
| Ham & Salad | \$3.50 |
| Chicken & Salad | \$3.50 |
| Salad | \$3.00 |
| Cheese | \$2.50 |
| Bacon, Lettuce & Tomato | \$4.00 |

WRAPS

| | |
|-------------------------|--------|
| Ham & Salad | \$4.00 |
| Chicken & Salad | \$4.00 |
| Salad | \$4.00 |
| Chicken Caesar | \$4.00 |
| Bacon, Lettuce & Tomato | \$4.00 |

ROLLS

| | |
|-------------------------|--------|
| Ham & Salad | \$4.00 |
| Chicken & Salad | \$4.00 |
| Salad | \$4.00 |
| Cheese | \$4.00 |
| Bacon, Lettuce & Tomato | \$4.00 |

EXTRAS

| | |
|-----------------|--------|
| Fruit Salad | \$3.00 |
| Yogurt & Muesli | \$3.00 |

DRINKS

| | |
|-----------------------|--------|
| Flavoured Milk~ Small | \$2.70 |
| Choc or Strawberry | |

| | |
|--|--------|
| Prima: | \$2.20 |
| Orange/Apple/Orange & Mango/ Apple and Blackcurrant | |

- Be sure the writing is neat and clear.
- Correct money is appreciated, as change can be lost.
- If insufficient payment is enclosed we will send a lunch to the enclosed value.

Please set out paper bags as below:

| | |
|---------------------|--------|
| John Student | |
| 3/4S | |
| 3 Party Pies | \$3.60 |
| Sauce | .20 |
| Prima Orange Juice | \$2.00 |
| Total | \$5.80 |
| Enclosed | \$6.00 |
| Change Required | .20 |



Sentral e-resource

Registering on the Sentral for Parents App for the first time



Sentral for Parents App

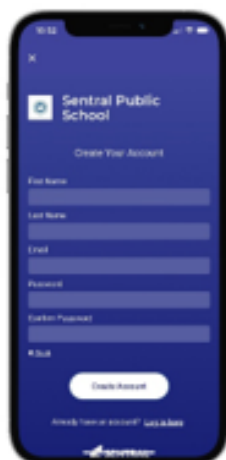
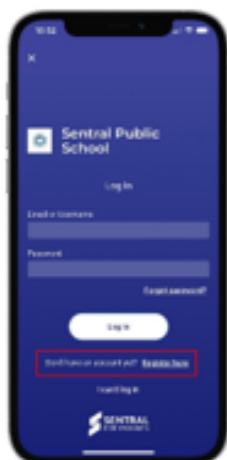
Step One: Download the Sentral for Parents app.



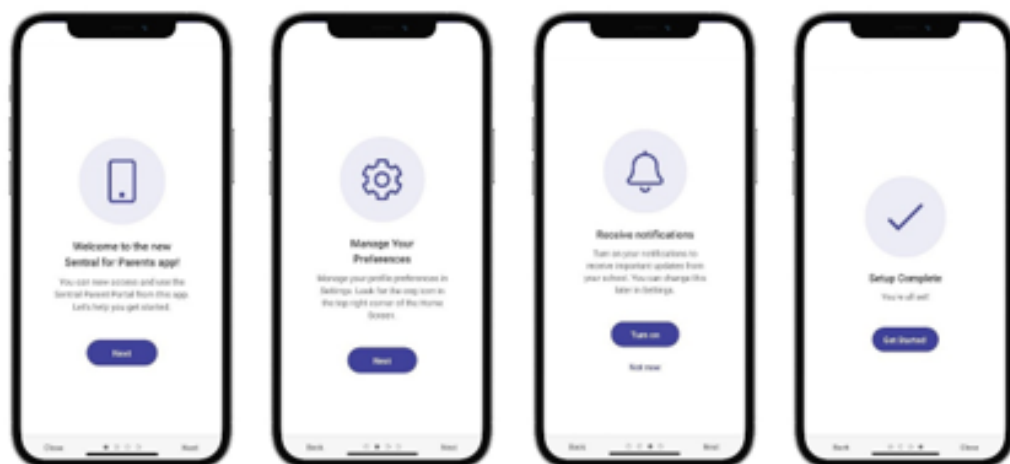
Step Two: Type in the school's name.



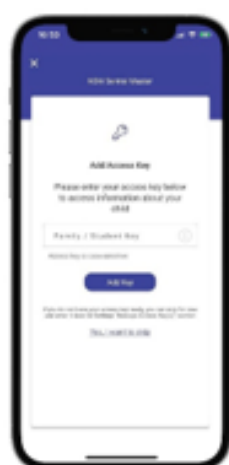
Step Three: Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



Step Four: Choose your preferences



Step Five: Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



Step Five: You are now connected and can interact with the App.

