



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 17

8th June 2023

Upcoming Dates

Monarch's Birthday Public Holiday – No school for students	Monday 12 th June
Rewards Day – Oz Ten Pin Bowling	Friday 23 rd June
Last day of Term 2 (2.15pm finish)	Friday 23 rd June
Term 3 commences	Monday 10 th July
Curriculum Day	Friday 14 th July

**Please note change of phone number for absences
SMS - 0409 323 652**

Dear Families and Friends,

Wishing everyone a wonderful long weekend, we hope you have some time to spend with family and friends. As we head into the last two weeks of term, routines become more important. Good food, good rest and good routines!

Reward Day

On the final day of Term 2, students will attend Oz Tenpin Bowling for their Reward Day. Students will play a game of glow in the dark bowling and will have the opportunity to purchase lunch at the venue. Well done to our learners for such a great term!

School Grants

Toilets are complete! Students have been enjoying having fresh and updated facilities. We are excited to soon begin the process for our Inclusive Schools Playground. This will hopefully begin during Term 3.

Curriculum Day Term 3

Our Term 3 Curriculum Day will be held on Friday July 14th (first Friday of Term 3). This Curriculum Day will focus on guided team planning for Semester 2 in particular analysing student Learning Conversations and Kayla will also be leading us through our latest School Wide Positive Behaviour Survey updates and begin a staff consultation process on current processes.

Winter Uniform

Please remind students to wear a jumper and bring a jacket to school every day. Winter is here and we aim to have our children outside as often as possible during recess and lunch times.

Policy Update

Please see attached recent policy update – Asthma Policy 2023

Warm regards,

Kate Robinson
Principal
Mount Pleasant Primary School

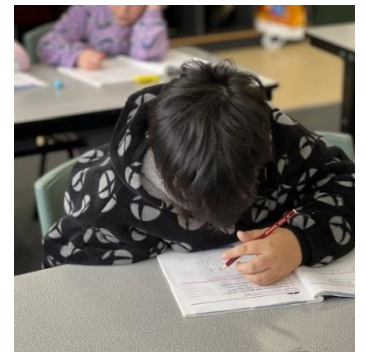
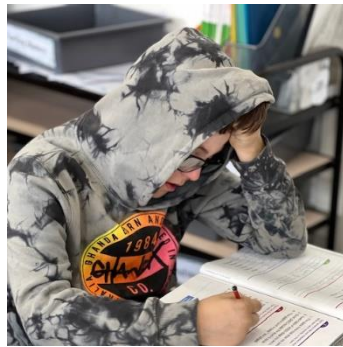
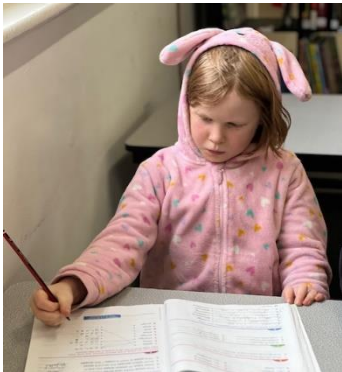
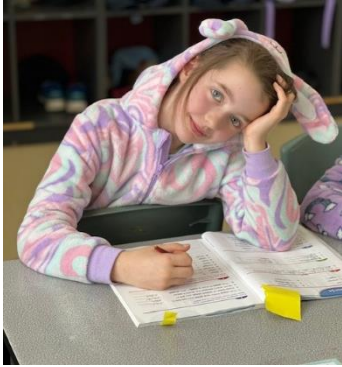
I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Grade 4

Last week, our Grade 4 students achieved a well-deserved reward day, marking a significant milestone in their academic journey. They were treated to a delightful "cosy day" experience, where they could come to school wearing slippers, bring their own blankets, and even wear dressing gowns. They ended the day with a movie session, complete with popcorn and hot chocolate. This well-earned treat served as a delightful reminder of their hard work and achievements.

Congratulations to our Grade 4 class for their remarkable dedication and outstanding behaviour.





COME 'SEA' WHAT'S IN STORE FOR THE REST OF TERM 2!

Extend Before and After School Care is offering a wave of exciting activities and games!

There's countless possibilities to explore, so dive in with Extend for the rest of Term 2!



Grab a brush and Design a colourful work of art with beautiful water paints!



Unleash the magic of your imagination by creating a nature fantasy world!



Use recyclable materials to create your own stunning green-themed picture!



Explore oceans of fun for the remainder of Term 2!

Make your bookings today at extend.com.au

NOW ACCEPTING 2024 ENROLMENTS

Meet the Teachers

<https://mtpleasps.vic.edu.au/meet-the-teachers/>

- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



Parent Portal – Sentral

We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in this newsletter. This can be used for sending through student absences, etc.

TEETH ON WHEELS

Dear Families,

We are excited to have Teeth on Wheels visiting our school for a dental visit starting on the **02/08/2023**. Below is a link to their E-form which needs to be completed by the **26/07/2023** for your child to participate.

<https://teethonwheels.com.au/consent-forms/consent-eform/>

Teeth on Wheels are focused on providing **a positive dental experience** and specialise with working with children. They can provide check-up and clean appointments, as well as treatment onsite and will be able to advise you if your child is eligible to receive dental care for **FREE** under the Child Dental Benefit Schedule.

Please complete your form today and the Teeth on Wheels team will be in contact to confirm and schedule your child's appointment.



EXCITING NEWS
Teeth on Wheels will be visiting this term!

At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.

With the help of the government your child might be eligible for **FREE** dental care.

Our dental services include:

- ✓ Check-ups
- ✓ Scale, Clean and Fluoride Treatments
- ✓ Fissure Sealants
- ✓ X-rays
- ✓ Fillings
- ✓ Extractions

CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM



 TeethOnWheelsAustralia  #teethonwheels

Phone: (03) 9338 1191
Email: info@teethonwheels.com.au



STRAP YOURSELF IN FOR EXTEND'S GALAXY OF FUN!

Explore the far reaches of space with sci-fi and science themed incursions and excursions!

Have a blast with a variety of team games, science experiments and more at every service!

CREATE THE GREATEST SOLAR SYSTEM FOR A CHANCE TO WIN AN INCURSION FOR YOUR SERVICE!

DISCOVER ENLDLESS FUN THESE SCHOOL HOLIDAYS WITH EXTEND!

Book 14 days in advance to receive the Early Bird Rate.

For FANTABULOUS FUN book your School Holidays at extend.com.au



nab AFL Auskick JOIN THE FUN!

East Point Dragons All Girls Auskick Centre

White Flat Oval, Ballarat

Friday April 28th - July 21st from 4:30pm-5:30pm

For more information please contact

Alex Campbell: 0448 598 934



Scan the QR Code to register!

KIDS LOVE YOUR CRICKET AND WISH YOU COULD PLAY ALL YEAR ROUND? INDOOR CRICKET IS FOR YOU!

PARENTS IT DOESN'T GET ANY EASIER THAN THIS!

REGISTER YOUR TEAM OF 6 OR SIGN UP AS A SINGLE WE CAN ORGANISE A TEAM FOR YOU

2023 TERMS 2 & 3

No matches on during school holidays

PRIMARY GRADES 3-6 **MONDAYS 4.30pm**

- RUNNERS REQUIRED! UNIFORMS OPTIONAL
- EVERYONE BATS & BOWLS
- 6 PLAYERS A SIDE GAMES PLAYED WITH SOFT SAFE INDOOR BALL
- NO COACHES REQUIRED
- \$10 PER WEEK NO REGISTRATION FEES

MAJOR LEAGUE INDOOR SPORTS
502 HOWITT STREET, BALLARAT
BOOK OR ENQUIRE NOW
CALL TREV ON 0416 134 901

Basketball Ballarat Junior Miners Holiday Camp

Adroit Insurance & Risk Junior Holiday Camps are held during each school holidays for children aged 5-13 years old of all genders and abilities.

Improve your skills, develop techniques, enhance your game, meet new friends and ultimately have fun! Our camps cater for the beginner who has never picked up a basketball to the most experience 13 year old in the land!

All participants can expect:

- Meet your favourite Miners players
- Expert instructions from professional coaches including Miners player and coaches
- Develop new basketball skills and training methods
- Fun and inclusive learning environment
- Structured session content including great games and prizes at every camp
- Learn how to be a great team mate and help others succeed

Registrations for the Winter Holidays are now open, with the camp being held on Monday June 26th, Tuesday June 27th, Thursday July 6th and Friday July 7th from 9:00am till 3:00pm at Selkirk Stadium.

For more information and to register: [Adroit Insurance & Risk Holiday Camp – Ballarat Basketball](#)

For further details please contact Ethan Fiegert via email development@ballaratbasketball.com or for urgent enquiries call reception on (03) 5338 1220



The graphic features the Adroit Insurance & Risk logo on a dark blue background. Below the logo, the text 'MINERS JUNIOR CAMPS' is written in large, bold, yellow letters. Two yellow-bordered boxes contain the text 'MEET AND LEARN FROM ALL YOUR FAVOURITE BALLARAT MINERS PLAYERS'. The dates 'Monday June 26th, Tuesday June 27th' and 'Thursday July 6th & Friday July 7th' are listed below. At the bottom, the website 'BALLARATBASKETBALL.COM' is displayed. To the right of the text is a photograph of two young boys on a basketball court; one is wearing a yellow Lakers jersey with the number 23 and holding a basketball, while the other is kneeling in a dark blue hoodie. A QR code is located in the bottom right corner of the graphic.

FOR SALE

We have old stock of light blue polo tops with logo on the front, in short and long sleeves in larger sizes. These are all brand new and are \$5 each.

Stock will be available at the office to purchase.





REMEMBER
ONCE A WEEK,
TAKE A PEEK

Please remember to check your child's hair weekly. Checking hair on a regular basis helps us keep this issue under control. Thank you for your support.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – mount.pleasant.ps@education.vic.gov.au



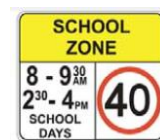
If your child is missing any belongings, please check our lost property at the office. We urge families to please name their school uniforms/lunch boxes so that items brought to the office can be returned to students.

PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

The City of Ballarat traffic unit staff will be actively enforcing all parking and traffic regulations around schools and inspections will be undertaken randomly throughout the year.

All parents and visitors are reminded to please observe all parking, traffic and school crossing rules.

Student and community safety should be our priority.



Extend After School Care

3.15 pm– 6.00pm

Call 1300 366 437 for enquiries





LUNCH ORDER ~ PRICE LIST ~ 2023
GRANT STREET TAKE-AWAY
40 Grant Street, Ballarat Central 3350



Thursday Only

Pies	\$3.60
Veggie Pasties	\$3.60
Party Pies	\$1.20
Sausage Rolls	\$1.20
Steamed Dim Sims	\$1.20
Chicken Nuggets x 3	\$2.20

Sauce	.20
Soy Sauce	.20

OFF THE GRILL

Chicken Schnitzel Burger with Lettuce, Cheese & Mayo	\$4.90
Chicken Parma Roll	\$5.00
Vegetarian Burger with Salad	\$4.90

SANDWICHES

Ham & Salad	\$3.50
Chicken & Salad	\$3.50
Salad	\$3.00
Cheese	\$2.50
Bacon, Lettuce & Tomato	\$4.00

WRAPS

Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Salad	\$4.00
Chicken Caesar	\$4.00
Bacon, Lettuce & Tomato	\$4.00

ROLLS

Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Salad	\$4.00
Cheese	\$4.00
Bacon, Lettuce & Tomato	\$4.00

EXTRAS

Fruit Salad	\$3.00
Yogurt & Muesli	\$3.00

DRINKS

Flavoured Milk~ Small	\$2.70
Choc or Strawberry	

Prima:	\$2.20
Orange/Apple/Orange & Mango/ Apple and Blackcurrant	

- Be sure the writing is neat and clear.
- Correct money is appreciated, as change can be lost.
- If insufficient payment is enclosed we will send a lunch to the enclosed value.

Please set out paper bags as below:

John Student	
3/4S	
3 Party Pies	\$3.60
Sauce	.20
Prima Orange Juice	\$2.00
Total	\$5.80
Enclosed	\$6.00
Change Required	.20

ASTHMA POLICY

PURPOSE

To ensure that Mount Pleasant Primary School appropriately supports students diagnosed with asthma.

OBJECTIVE

To explain to Mount Pleasant Primary School parents/carers, staff and students the processes and procedures in place to support students diagnosed with asthma.

SCOPE

This policy applies to:

- all staff, including casual relief staff, contractors and volunteers
- all students who have been diagnosed with asthma or who may require emergency treatment for asthma and their parents/carers.

POLICY

Asthma

Asthma is a long term lung condition. People with asthma have sensitive airways in their lungs which react to triggers, causing a 'flare-up'. In a flare-up, the muscles around the airway squeeze tight, the airways swell and become narrow and there is more mucus. This makes it hard to breathe. An asthma flare-up can come on slowly (over hours, days or even weeks) or very quickly (over minutes). A sudden or severe asthma flare-up is sometimes called an asthma attack.

Symptoms

Symptoms of asthma can vary over time and often vary from person to person. The most common asthma symptoms are:

- breathlessness
- wheezing (a whistling noise from the chest)
- tight feeling in the chest
- persistent cough

Symptoms often occur at night, early in the morning or during/just after physical activity. If asthma is well controlled, a person should only have occasional asthma symptoms.

Triggers

A trigger is something that sets off or starts asthma symptoms. Everyone with asthma has different triggers. For most people with asthma, triggers are only a problem when asthma is not well controlled with medication. Common asthma triggers include:

- exercise
- smoke (cigarette smoke, wood smoke from open fires, burn-offs or bushfires)
- house dust mites
- pollens
- chemicals such as household cleaning products
- food chemicals/additives
- laughter or emotions, such as stress
- colds/flu
- weather changes such as thunderstorms and cold, dry air
- moulds
- animals such as cats and dogs
- deodorants (including perfumes, after-shaves, hair spray and aerosol deodorant sprays)
- certain medications (including aspirin and anti-inflammatories)

Asthma management

If a student diagnosed with asthma enrolls at Mount Pleasant Primary School:

1. Parents/carers must provide the school with an Asthma Action Plan which has been completed by the student's medical practitioner. The plan must outline:
 - the prescribed medication taken by the student and when it is to be administered, for example as a pre-medication to exercise or on a regular basis
 - emergency contact details
 - the contact details of the student's medical practitioner
 - the student's known triggers
 - the emergency procedures to be taken in the event of an asthma flare-up or attack.
2. Parents/carers should also provide a photo of the student to be included as part of the student's Asthma Action Plan.
3. Example School will keep all Asthma Action Plans:
 - Student Medical Folder – Sick Bay, all scanned under student profile in CASES under Medical and in Sick Bay in student blue medication
4. School staff may also work with parents/carers to develop a Student Health Support Plan which will include details on:
 - how the school will provide support for the student
 - identify specific strategies
 - allocate staff to assist the student

Any Student Health Support Plan will be developed in accordance with Mount Pleasant Primary School's Healthcare Needs Policy.

5. If a student diagnosed with asthma is going to attend a school camp or excursion, Mount Pleasant Primary School parents/carers are required to provide any updated medical information.
6. If a student's asthma condition or treatment requirements change, parent/carers must notify the school and provide an updated Asthma Action Plan.
7. School staff will work with parents/carers to review Asthma Action Plans (and Student Health Support Plans) once a year.

Student asthma kit

All students diagnosed with asthma are required to have a student asthma kit at school which contains:

- their own prescribed reliever medication labelled with the student's name
- their spacer (if they use one)

Student asthma kits will be stored in the Sick Bay in individual blue student pouches.

Asthma emergency response plan

If a student is:

- having an asthma attack
- difficulty breathing for an unknown cause, even if they are not known to have asthma

School staff will endeavour to follow the Asthma First Aid procedures outlined in the table below. School staff may contact Triple Zero "000" at any time.

Step	Action
1.	<p>Sit the person upright</p> <ul style="list-style-type: none"> • Be calm and reassuring • Do not leave them alone • Seek assistance from another staff member or reliable student to locate the student's reliever, the Asthma Emergency Kit and the student's Asthma Action Plan (if available). • If the student's action plan is not immediately available, use the Asthma First Aid as described in Steps 2 to 5.
2.	<p>Give 4 separate puffs of blue or blue/grey reliever puffer:</p> <ul style="list-style-type: none"> • Shake the puffer • Use a spacer if you have one • Put 1 puff into the spacer • Take 4 breaths from the spacer <p>Remember – Shake, 1 puff, 4 breaths</p>
3.	<p>Wait 4 minutes</p> <ul style="list-style-type: none"> • If there is no improvement, give 4 more separate puffs of blue/grey reliever as above (or give 1 more dose of Bricanyl or Symbicort inhaler)
4.	<p>If there is still no improvement call Triple Zero "000" and ask for an ambulance.</p> <ul style="list-style-type: none"> • Tell the operator the student is having an asthma attack • Keep giving 4 separate puffs every 4 minutes until emergency assistance arrives (or 1 dose of Bricanyl or Symbicort every 4 minutes – up to 3 doses of Symbicort)
5.	<p>If asthma is relieved after administering Asthma First Aid, stop the treatment and observe the student. Notify the student's emergency contact person and record the incident</p>

Staff will call Triple Zero "000" immediately if:

- the person is not breathing
- if the person's asthma suddenly becomes worse or is not improving
- if the person is having an asthma attack and a reliever is not available
- if they are not sure if it is asthma
- if the person is known to have anaphylaxis

Training for staff

Mount Pleasant Primary School will arrange the following asthma management training for staff:

Staff	Completed by	Course	Provider	Cost	Valid for
Group 1 General Staff	School staff with a direct teaching role with students affected by asthma or other school staff directed by the Principal after conducting a risk assessment.	Asthma first aid management for education staff (non-accredited) One hour online training.	Asthma Australia	Free to all schools	3 years

Group 2 Specific Staff	Staff working with high risk children with a history of severe asthma, or with direct student wellbeing responsibility, (including nurses, PE/sport teachers, first aid and school staff attending camp)	<i>Course in Asthma Awareness 10760NAT</i> <i>OR</i> <i>Course in the management of Asthma Risks and Emergencies in the Workplace 22556VIC</i> (accredited)	Any RTO that has this course in their scope of practice	Paid by Mount Pleasant Primary School	3 years
---------------------------------------	--	--	---	---------------------------------------	---------

Mount Pleasant Primary School will also conduct an annual briefing for staff on:

- the procedures outlined in this policy
- the causes, symptoms and treatment of asthma – as mentioned at the top of this Policy
- identities of the students diagnosed with asthma
- how to use a puffer and spacer
- the location of:
 - the Asthma Emergency Kits
 - asthma medication which has been provided by parents for student use.

Mount Pleasant Primary School will also provide this policy to casual relief staff and volunteers who will be working with students, and may also provide a briefing if the Principal decides it is necessary depending on the nature of the work being performed.

Asthma Emergency Kit

Mount Pleasant Primary School will provide and maintain at least two Asthma Emergency Kits. One kit will be kept on school premises at the Sick Bay and one will be a mobile kit for activities such as:

- yard duty
- camps and excursions.

Mount Pleasant Primary School an additional kit for every 300 students.

The Asthma Emergency Kit will contain:

- at least 1 blue or blue/grey reliever medication such as Airomir, Admol or Ventolin
- at least 2 spacer devices (for single person use only) to assist with effective inhalation of the blue or blue/grey reliever medication (Mount Pleasant Primary School will ensure spare spacers are available as replacements). Spacers will be stored in a dust proof container.
- clear written instructions on Asthma First Aid, including:
 - how to use the medication and spacer devices
 - steps to be taken in treating an asthma attack
- A record sheet/log for recording the details of an asthma first aid incident, such as the number of puffs administered [see template record sheet in “additional resources”].

First Aide Co-ordinators will monitor and maintain the Asthma Emergency Kits. They will:

- ensure all contents are maintained and replaced where necessary
- regularly check the expiry date on the canisters of the blue or blue/grey reliever puffers and place them if they have expired or a low on doses
- replace spacers in the Kits after each use (spacers are single-person use only)
- dispose of any previously used spaces.

The blue or blue/grey reliever medication in the Asthma Emergency Kits may be used by more than one student as long as they are used with a spacer. If the devices come into contact with someone's mouth, they will not be used again and will be replaced.

After each use of a blue or blue/grey reliever (with a spacer):

- remove the metal canister from the puffer (do not wash the canister)
- wash the plastic casing
- rinse the mouthpiece through the top and bottom under running water for at least 30 seconds
- wash the mouthpiece cover
- air dry then reassemble
- test the puffer to make sure no water remains in it, then return to the Asthma Emergency Kit.

Management of confidential medical information

Confidential medical information provided to Mount Pleasant Primary School to support a student diagnosed with asthma will be:

- recorded on the student's file
- shared with all relevant staff so that they are able to properly support students diagnosed with asthma and respond appropriately if necessary.

Communication plan

This policy will be available on Mount Pleasant Primary School's website so that parents and other members of the school community can easily access information about Mount Pleasant Primary School's asthma management procedures.

Epidemic Thunderstorm Asthma

Mount Pleasant Primary School will be prepared to act on the warnings and advice from the Department of Education and Training when the risk of epidemic thunderstorm asthma is forecast as high.

COMMUNICATION

This policy will be communicated to our school community in the following ways:

- Available publicly on our school's website
- Included in staff induction processes and staff training
- Included in staff handbook/manual
- Discussed at annual staff briefings/meetings
- Included in transition and enrolment packs
- Discussed at parent information nights/sessions
- Reminders in our school newsletter
- Hard copy available from school administration upon request

FURTHER INFORMATION AND RESOURCES

- Asthma Australia: [Resources for schools](#)
- Policy and Advisory Library:
 - [Asthma](#)
 - [Treating an asthma attack](#)
 -

POLICY REVIEW AND APPROVAL

Policy last reviewed	May 2023
Approved by	Principal
Next scheduled review date	May 2024



Sentral e-resource

Registering on the Sentral for Parents App for the first time



Sentral for Parents App

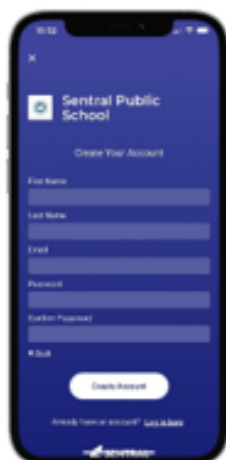
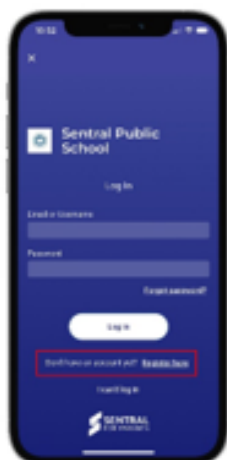
Step One: Download the Sentral for Parents app.



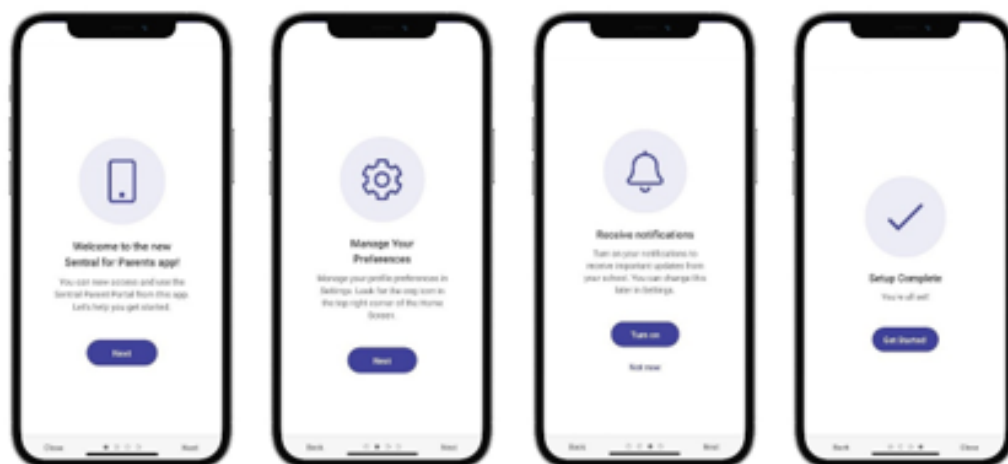
Step Two: Type in the school's name.



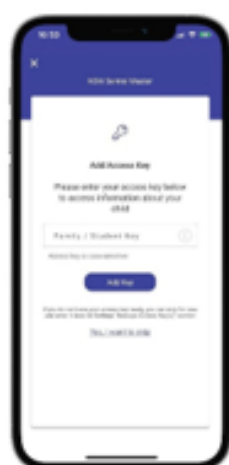
Step Three: Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



Step Four: Choose your preferences



Step Five: Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



Step Five: You are now connected and can interact with the App.

