



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 12

4th May 2023

Upcoming Dates

Make A Wish Book Fair
Book Fair (9-3.30pm) – Parents from 2.30pm – 3.30pm
Mother's Day Stall
School Photos

Thursday 4th May
Friday 5th May
Thursday 11th May
Tuesday 23rd May

Dear Families and Friends,

I am excited to share some exciting celebrations with our learning community. As part of DET reporting students in Years 4-6 undertake an Attitudes to School Survey each year. It is reassuring to be able to share that even after two years of Remote Learning and through a global pandemic, students at Mount Pleasant Primary School have ranked their **“Life Satisfaction” as 23% better than similar/network schools and 16% better than students across the state of Victoria**. This shows our students have a high level of social and emotional wellbeing. I believe that the high levels of support given to our students in a broad range of wellbeing programs and the high levels of engagement with had with our families during some very challenging times have both contributed to this exceptional outcome. *Thank you and congratulations to our students, teachers, education support staff and families that are doing such a terrific job of supporting our children!*

If you are interested in the Wellbeing supports that we provide you can see my update in the last weeks Newsletter. School Newsletters can be found here on our school website:

<https://mtpleasps.vic.edu.au/newsletters-forms/>

We will continue to share more MPPS celebrations over the coming weeks!

Book Fair

On Thursday the 4th of May, we have our whole school make-a-wish day for book fair. The next day, Friday 5th of May students will have the chance to attend the book fair with their class.

Mother's Day Stall

There will be a Mother's Day Stall held on May 11th. Students will have the opportunity to bring money to buy a gift. All gifts are \$5.

Winter Weather

During term 2 children wear a winter uniform. Please ensure your child has a clean school uniform each day, appropriate shoes and jacket for play outside – living in Ballarat we know that there's no such thing as bad weather, only inappropriate clothes. We aim to get the children outside as often as possible for a run and fresh air! A jacket is a must during these terms.

Attendance:

The Department of Education has a strong focus on student attendance as we have returned back to school, the school is required to ensure all children are attending school each day unless there is a valid reason for absence.

We value consistent attendance and being at school on time. Being late impacts children's sense of belonging and interrupts classroom routines. From time to time we understand that your child may be late or miss a day of school due to an appointment or illness. Please notify the Admin Office if your child is absent.

Interoception Activities

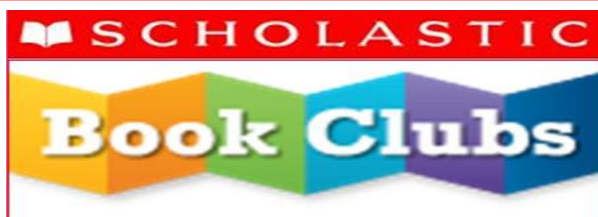
You may have heard your child talking about Mindfulness at school, this year we have replaced our Mindfulness time with **Interoception Activities**. Last term our staff did professional learning with Beth Sutton – DET Psychologist on **Interoception Activities**.

Interoception is the sense of our internal state. It includes thirst, hunger, pain, fatigue, and temperature, as well as emotional states.

With regular implementation **Interoception Activities** support individuals to self-regulate their emotions, exhibit less off-task behaviours and engage in more kind and considerate behaviours. With higher levels of engagement in learning and lower levels of difficult situations in classrooms and preschools, it is evident that interoception can contribute to both the wellbeing of individuals. If you would like more information of these types of activities that you can do at home with your child/ren or yourself please let your child's classroom teacher know.

Warm regards,

Kate Robinson
Principal
Mount Pleasant Primary School



Issue 3 of Book Club order forms went home today and are due back on Thursday 11th May. Orders can be placed and paid for online via the LOOP or by completing the form on the catalogue and return to the school with cash.

Book Fair Friday 5th May



The Scholastic Book Fair will hit Mount Pleasant on Friday 5th May. Students will have the opportunity to view the books on Thursday 4th May where they can select books to put on a wish list. On the day of the Book Fair (Friday 5th May) we encourage parents to send money to school with their children as students will have the opportunity to purchase books and staff will be there to assist them. The Book Fair will be open to parents from 2.30pm – 3.30pm. **PLEASE NOTE: school gates will close at 3.30pm.** If you have any queries, please contact the office.

Mother's Day Stall



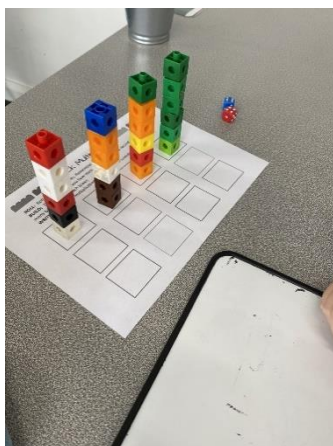
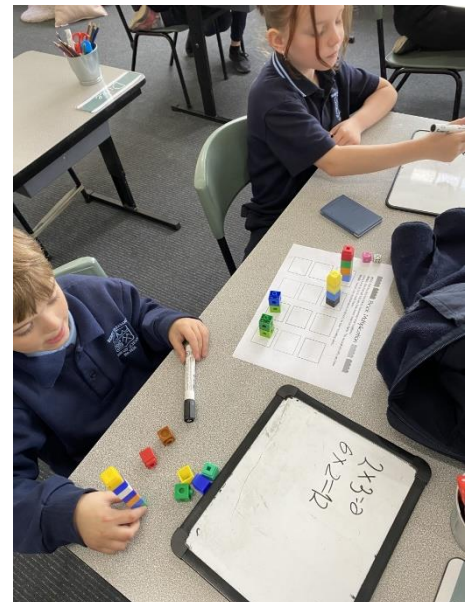
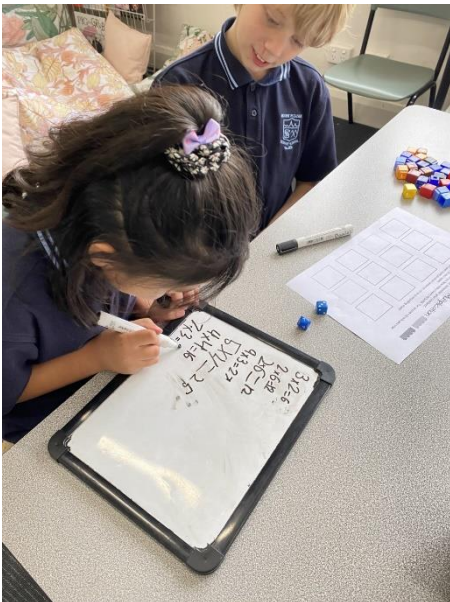
Friday 11th May

\$5 gift packs will be available to purchase.

Students will visit the Mother's Day stall during the day with their teacher. Please bring money on the day if you wish to participate.

Grade 3 News

This week the students in Grade 3 have been learning about multiplication in Numeracy. We have been exploring different strategies such as drawing arrays, skip counting and using hands on materials to represent groups. We will continue practising the different strategies to find the most efficient way to work out the answer. Over the next few weeks, we will begin to explore division and the relationship between the two operations. Here are some pictures of us working hard!



Join Ballarat Memorial Concert Band for a celebration of dance music through the ages from waltz to rock, and from big band to disco.

From *THE RITZ*

Cabaret Night

to *THE HITS*

7pm Saturday May 13th

Ballarat Specialist School FARM

Multipurpose Hall 800 Norman St, Invermay Park

BYO Drinks and Supper



Tickets available at:

<https://www.trybooking.com/CGYFS>

\$20 per person or \$180 Table of 10



Basketball Ballarat Term 2 Community Programs

Basketball Ballarat provide children with a fun and safe basketball experience that will serve as an introduction to a lifetime involvement in the game. A wide variety of introduction to basketball programs are ran by Basketball Ballarat, allowing children to start learning basketball as young as 2 years old.

Basketball Ballarat's introduction to basketball programs:

- Aussie Hoops – perfect for children aged 4 – 7 years
- Rookie Hoops – perfect for children aged 8 – 11 years
- All Abilities Rookie Hoops – perfect for children aged 5 – 18 years whom are living with a disability
- Mini Miners – perfect for kindergarten aged children, 2 – 4 years
- Next Level – suited for domestic players 2011-2013 born

Registrations are now open for all community hoops programs, with the programs starting the week beginning May 1st.

For more information and to register: Community – Ballarat Basketball

For further details please contact Ethan Fiegert via email development@ballaratbasketball.com or call reception on (03) 5338 1220.

COMMUNITY PROGRAMS

Meet and learn from all your favourite Ballarat Miners players

- Mini Miners (2 - 4 years old)**
Develop fundamental skills and movement
- Aussie Hoops (4 - 7 years old)**
Introductory basketball development program
- Rookie Hoops (8 - 11 years old)**
Introductory basketball development program
- All Abilities Hoops (5 - 18 years old)**
Introductory basketball development program
- Next Level (10 - 12 years old)**
Learn new concepts and build on skills

BALLARATBASKETBALL.COM.AU



ARE YOU READY FOR AN AMAZING TERM 2?

The Extend team is ecstatic to get ready for another term of outstanding creativity and inspiring activities!

Join us for artsy programs that make the most of your children's talent and recycling abilities!

Create terrific coloured tubes, cool cotton ball creatures, little foam-made friends and fantastic firework paintings!

All that and more awaits you at Extend!



extend
BEFORE & AFTER SCHOOL CARE

Join us for amazing arts and crafts in Term 2
Book 14 days in advance to receive the Early Bird Rate at extend.com.au!



JOIN THE FUN!

East Point Dragons All Girls Auskick Centre
White Flat Oval, Ballarat
Friday April 28th - July 21st from 4:30pm-5:30pm

For more information please contact
Alex Campbell: 0448 598 934



Scan the QR Code to register!



REMEMBER
ONCE A WEEK,
TAKE A PEEK

Please remember to check your child's hair weekly. Checking hair on a regular basis helps us keep this issue under control. Thank you for your support.

Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – mount.pleasant.ps@education.vic.gov.au

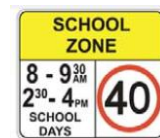


If your child is missing any belongings, please check our lost property at the office. We urge families to please name their school uniforms/lunch boxes so that items brought to the office can be returned to students.

PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

The City of Ballarat traffic unit staff will be actively enforcing all parking and traffic regulations around schools and inspections will be undertaken randomly throughout the year. All parents and visitors are reminded to please observe all parking, traffic and school crossing rules.

Student and community safety should be our priority.



Extend After School Care

3.15 pm– 6.00pm

Call 1300 366 437 for enquiries



LUNCH ORDER ~ PRICE LIST ~ 2023
GRANT STREET TAKE-AWAY
40 Grant Street, Ballarat Central 3350



Thursday Only

Pies	\$3.60
Veggie Pasties	\$3.60
Party Pies	\$1.20
Sausage Rolls	\$1.20
Steamed Dim Sims	\$1.20
Chicken Nuggets x 3	\$2.20

Sauce	.20
Soy Sauce	.20

OFF THE GRILL

Chicken Schnitzel Burger with Lettuce, Cheese & Mayo	\$4.90
Chicken Parma Roll	\$5.00
Vegetarian Burger with Salad	\$4.90

SANDWICHES

Ham & Salad	\$3.50
Chicken & Salad	\$3.50
Salad	\$3.00
Cheese	\$2.50
Bacon, Lettuce & Tomato	\$4.00

WRAPS

Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Salad	\$4.00
Chicken Caesar	\$4.00
Bacon, Lettuce & Tomato	\$4.00

ROLLS

Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Salad	\$4.00
Cheese	\$4.00
Bacon, Lettuce & Tomato	\$4.00

EXTRAS

Fruit Salad	\$3.00
Yogurt & Muesli	\$3.00

DRINKS

Flavoured Milk~ Small	\$2.70
Choc or Strawberry	

Prima:	\$2.20
Orange/Apple/Orange & Mango/ Apple and Blackcurrant	

- Be sure the writing is neat and clear.
- Correct money is appreciated, as change can be lost.
- If insufficient payment is enclosed we will send a lunch to the enclosed value.

Please set out paper bags as below:

John Student	
3/4S	
3 Party Pies	\$3.60
Sauce	.20
Prima Orange Juice	\$2.00
Total	\$5.80
Enclosed	\$6.00
Change Required	.20