



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 3

16th February 2023

Upcoming Dates

Day off for Foundation Students 2023 – no classes
Music Incursion – Whole School
Day off for Foundation Students 2023 – no classes
Foundation Students – full time at school
Open Classroom (3-5pm)

Wednesday 22nd February
Thursday 23rd February
Wednesday 1st March
Monday 6th March
Tuesday 7th March

**Please note change of phone number for absences
SMS - 0409 323 652**

News from the Principal

Dear Families,

Thank you to everyone who have returned their blue Code of Conduct forms this past week. Please let us know if you need another copy, these can be collected from the Admin Office.

As we head into week 5 of term 1 and with some hot weather appearing, we can find our children/students hitting a mid term "slump". You might notice your child/ren coming home tired, maybe a little grumpy. This is very normal when beginning back at school - we are all building up our stamina again.

Some tips for supporting your child/ren include; consistent bed time routines, lots of water, allowing them to rest and using some of the strategies we use at school. We find the Catastrophe Scale very effective in helping children (and adults too!) putting a problem into perspective. We have included a copy in this weeks Newsletter that you can print for home. I have just printed one for my own children and put it on the fridge this week.

Classroom Visits

On Tuesday March 7th we invite students and their families to visit our classrooms. This is an informal opportunity for students to "drop in" and have your child/ren show you around their learning space, chat with teachers and hear all about the things we have been doing at school. We will open the gates at 3.00pm for families to enter the school.

No Hat, No Play:

Some children are still forgetting their hat. Term 4 is "no hat, no play" and this week we have started to enforce this rule. Please ensure your child has a hat every day, a good reminder when you walk out the door is - "got my shoes, got my hat!"

SeeSaw:

Are you on SeeSaw? This is a wonderful way to stay up to date with everything that is happening at school. Teachers post individual student photos and learning celebrations to their portfolios. It's a great conversation starter at the end of the day.

Update Personal Information:

Forms to update your personal information are being sent home to each family today. This is important information to ensure schools have the correct information for census. Please return this to school by Monday 20th of February.

Lunch Orders:

Lunch orders were a hit last week! Thank you to everyone that remembered their “brown paper bags” – please use this for lunch orders. Lunch orders are taken into classrooms each morning. Our School Captains collect the lunch orders in the morning, the Admin Office does not accept lunch orders.

Please see here for further details and the lunch order menu:

<https://mtpleasps.vic.edu.au/wp-content/uploads/2023/02/Mount-Pleasant-Primary-School-Lunch-Orders-1.pdf>

Warm regards,

Kate Robinson
Principal

I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- SMS - 0409 323 652 (Please note change of phone number)
- Email – mount.pleasant.ps@education.vic.gov.au

Don't forget to bring your school hat,
Term 1 its “no hat, no play”.

You can purchase a hat from the
front office for \$6.





If your child is missing any belongings, please check our lost property at the office.
We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.



Piano Lessons

By Miss Karen Cox

Learn Piano skills and reading of music.

Weekly Rates \$20

If interested, please call Karen
on 0404 601 481.

If your child has come home in clothing from the school due to an accident or wet weather, could you kindly return this washed so that we can reuse them. Currently our cupboard is bare, so if your child requires clothing, you may be called to drop some off.

If by chance you have any navy tracksuit pants, in excellent condition, that you no longer require and would like to donate to the wet weather cupboard it would be very much appreciated.



Parent Portal – Sentral

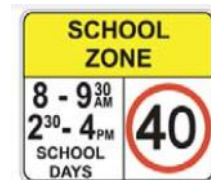
We are currently trying to get all families registered to be on the Sentral Parent Portal, as we will be utilizing this app this year for many things. For those of you who are already registered, we thank you. If you need to register, you can find the instructions in the previous newsletter. This can be used for sending through student absences, etc.

PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

The City of Ballarat traffic unit staff will be actively enforcing all parking and traffic regulations around schools and inspections will be undertaken randomly throughout the year.

All parents and visitors are reminded to please observe all parking, traffic and school crossing rules.

Student and community safety should be our priority.



Extend After School Care

3.15 pm – 6.00pm

Call 1300 366 437 for enquiries

STEM/Kitchen Garden news

The students from years 3 to 6 have been exploring the quality of soil and testing whether the soil at Mount Pleasant School is going to be able to healthy plants.

We looked at the “Soil your undies campaign” experiment where we buried a new pair of undies in the garden around the school to see what changes will occur to them over an eight week period.

Next we gathered soil samples from around the school and placed them into a jar to assess how quickly the soil settled on the bottom of the jar. We will re-visit our experiments next week.



On Monday the 20th February – the students will be engaged in planting seeds and seedlings. We will be testing out potting mix compared to peat moss seed discs to see which mixture is the best for growing seeds. The years 5/6 will also be discussing natural pest control and will experiment with some natural solutions to create their own pest control formula.

Jenny Dyer – STEM/Kitchen Garden Specialist

Music Incursion Next Week

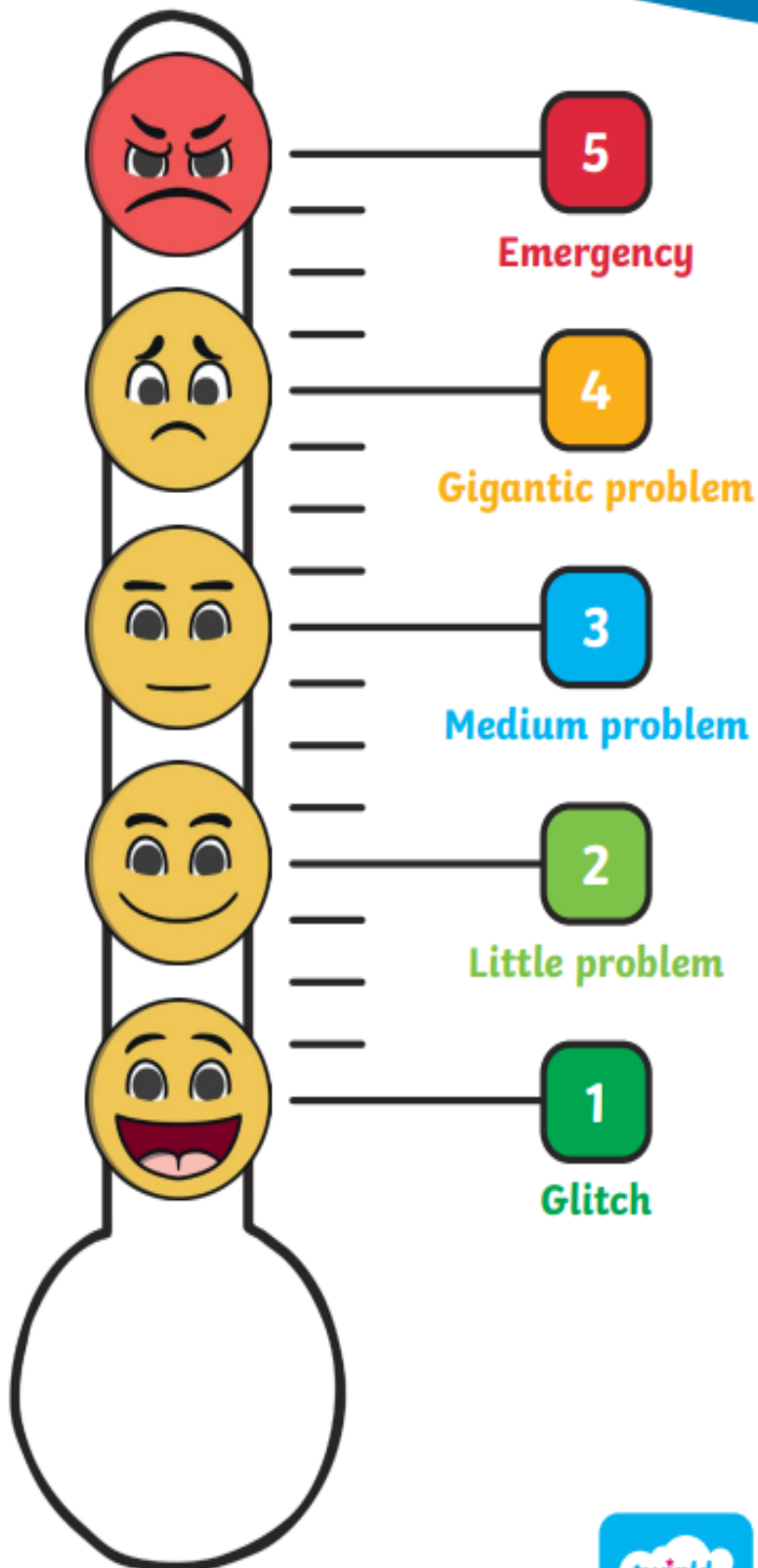
We have been very excited to start Music classes this year. Each class has one lesson on a Thursday. We have been busy making music together through games, singing, rhythm and exploring musical instruments. We've also learning by listening - lots of different music for us to explore!

Next Thursday, 23rd February, we are having a free singing incursion, hosted by Ballarat Voices. This workshop will engage all participants actively in singing, exploring their voices and learning a song to sing with their peers. We will discover the positive benefits singing provides to our health (physical and mental), wellbeing, connection to others and the resulting contribution to the development of resilience.

We are looking forward to it!

Diana Hume
Visual Art and Music Teacher

How big is my problem?





LUNCH ORDER ~ PRICE LIST ~ 2023
GRANT STREET TAKE-AWAY
40 Grant Street, Ballarat Central 3350



Thursday Only

Pies	\$3.60
Veggie Pasties	\$3.60
Party Pies	\$1.20
Sausage Rolls	\$1.20
Steamed Dim Sims	\$1.20
Chicken Nuggets x 3	\$2.20

Sauce	.20
Soy Sauce	.20

OFF THE GRILL

Chicken Schnitzel Burger with Lettuce, Cheese & Mayo	\$4.90
Chicken Parma Roll	\$5.00
Vegetarian Burger with Salad	\$4.90

SANDWICHES

Ham & Salad	\$3.50
Chicken & Salad	\$3.50
Salad	\$3.00
Cheese	\$2.50
Bacon, Lettuce & Tomato	\$4.00

WRAPS

Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Salad	\$4.00
Chicken Caesar	\$4.00
Bacon, Lettuce & Tomato	\$4.00

ROLLS

Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Salad	\$4.00
Cheese	\$4.00
Bacon, Lettuce & Tomato	\$4.00

EXTRAS

Fruit Salad	\$3.00
Yogurt & Muesli	\$3.00

DRINKS

Flavoured Milk~ Small	\$2.70
Choc or Strawberry	

Prima:	\$2.20
Orange/Apple/Orange & Mango/Apple and Blackcurrant	

- Be sure the writing is neat and clear.
- Correct money is appreciated, as change can be lost.
- If insufficient payment is enclosed we will send a lunch to the enclosed value.

Please set out paper bags as below:

John Student	
3/4S	
3 Party Pies	\$3.60
Sauce	.20
Prima Orange Juice	\$2.00
Total	\$5.80
Enclosed	\$6.00
Change Required	.20