

Mount Pleasant Primary School





Newsletter Number 5

11th March 2022

Day! 😳

NO SCHOOL

MONDAY

Rest up for Sports

Upcoming Dates

Labour Day Public Holiday Athletics Carnival Grade 3/4 Netball Carnival Grade 5/6 Sovereign Hill Excursion Monday March 14th Tuesday March 15th Thursday March 17th Tuesday March 22nd

News from the Principal

Dear Families,

It was exciting to hold our first School Council for 2022 last night. A warm welcome to new School Councillors: Melinda Cook, Rebekah Taylor and Anna Johnson. This year our school is so thrilled to be receiving a Minor Capital Works Grant of \$343,897.00 for a refurbishment of student toilets and a shade sail grant of \$25,000.

It is wonderful to be holding our first School Sports Day on Tuesday 15th March since 2019! We encourage students to come to school dressed in house colours (green, blue, red or yellow) we have been busy at school drumming up excitement. Our House Captains have done a terrific job of driving the enthusiasm for Sports Day.

The current advice is that we are able to have families attend as spectators. This means that they must remain behind the barrier and not walk onto the field during events. We appreciate everyone's co-operation with this. It is exciting to be able to have a Sports Day and have families able to watch on!

School Lunches:

Please ensure you pack your child's lunch each day. Staffing shortages in schools means that our Admin Staff are unable to be available to deliver student lunches to the classroom. We understand that from time to time a lunch box gets left on the kitchen bench, please call the school ahead if your child/ren have forgotten their lunch to make further arrangements.

COVID Updates:

Thank you to families who have been keeping children home whilst unwell. Even if you have a negative RA Test, *if your child is visibly unwell, we ask that they stay home to recover*. There seems to be an array of other illnesses going around at the moment. Our first priority is keeping our community safe and our school open. We are very lucky that so far, our staffing impacts have been manageable even with CRT shortages and staff absences.

Reading Program:

Children and families are doing a wonderful job of remembering to <u>bring their Readers back to school each day</u>. Reading each night has a significant impact on reading outcomes. We encourage all families to spend some time each evening reading together or listening to your child read their reader or Sounds Write word list.

School Uniform:

It has been pleasing to see so many of our students wearing full school uniform and with their hats every day! Wearing school uniform is compulsory at Mount Pleasant Primary School. Wearing a uniform develops a *sense of belonging* and *promotes equality* in our learning community, assists in student safety by ensuring staff are able to identify children when on local walks and excursions, and reduces clothing costs over time. Please ensure your child wears the correct and clean school uniform each day. Navy blue items such as shorts, pants, t shirts and jumpers can all be purchased at very reasonable prices from a range of stores such as Big W/Best and Less/K-Mart. For embroidered school uniform pieces you can purchase from Crockers in Ballarat.

Change of Contact details:

Please let the Admin Office know as soon as possible if your details such as phone number, address change.

Wellbeing:

We continue to focus on Wellbeing, for our students, staff and wider community. This means following the correct hygiene and restrictions measures. It also means ensuring we are looking after ourselves through good sleep habits, good eating habits and getting outside for fresh air and sunshine.

Pick Up Times and After School Care:

A reminder that school pick up time is between 3.15pm and 3.30pm. We kindly request that families observe these times. We are lucky to have on site After School Care that you can book your child/ren into if you need a later pick up time. Contact Extend directly on 1300 366 437

We discourage families picking children up early from school unless there is a valid reason to do so such as a medical appointment. If you arrive early to pick your child up without prior communication, you may need to wait until there is an available staff member to go to the classroom to collect them.

Warm regards,

Kate Robinson

Principal

I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Mount Pleasant Primary School Sports Day 2022

Dear Families,

We are very excited to have a whole school Sports Day this coming Tuesday 15th March. Students are to bring:

- PE Uniform and Sports Shoes (Trainers)
- Hat this is essential as it is a warm day
- Water Bottle refilling stations will be available at the venue
- Fruit, plenty of snacks and Lunch
- Sunscreen



Attached for your review is a timetable that depicts approximate times of Track, Field and Tabloid Sports. Buses are departing school from 9am sharp. Please ensure your child is at school prior to 9am.

Unfortunately, the canteen will no longer be available on the day, due to staffing issues.

Department of Education COVID rules still apply for schools. This means to attend on the day:

- all spectators must be triple vaccinated
- all spectators must remain behind the barriers and not enter the oval part of the grounds

There will be a COVID Marshall asking spectators on the day for evidence of vaccination.

As always, we appreciate our wonderful community that supports us to be able to hold this event safely for our students.

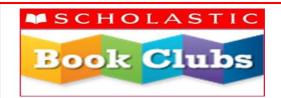


Aussie of the Month – February 2022



Congratulations to **Ellena** and **Zac** for receiving Aussie of the month for February. These are our monthly awards this year in lieu of Blue Light Student of the Month (which happens every 2nd year). Both students received the award for great attendance and school values.





Issue 2 of Book Club order forms went home this week and are due back on Thursday 17th March. Orders can be placed and paid for online via the LOOP or by completing the form on the catalogue and return to the school with cash.

3/4 Netball Excursion Notice

Due to a few schools unable to attend, MPPS are now attending the netball excursion from 11:30 to 2:30pm, arriving back at school approximately 2:45pm.

Performing Arts News

We've had a fantastic start to Term 1 in Performing Arts.

In Foundation, with Diana, the students have been singing songs and playing games which encourage participation and cooperation while having fun. Diana has also helped students to compose their own body percussion music using loud and soft noises contrasted with silence.

In Grade 12 we've developed our ensemble skills as we sing and play the song 'BINGO' with shakers, tambourines and glockenspiels. We have practiced accepting our partner's ideas in the games we play.

In Grade 34 students have been consolidating their rhythm making skills, focusing on maintaining one part while others play different parts at the same time. In class we recorded a superb body percussion (clap, patsch and click) poly-rhythm. We've also created some inventive sound and movement machines to develop our vocal and physical improvisation skills.

Our older students in Grade 56 have focused on creating clear scene beginnings that introduce characters, settings and action. The scenes they devised demonstrated teamwork and creative thinking. We've also been learning body percussion rhythms that we performed in groups using hands and feet to create a simultaneous 'Stomp' poly-rhythm.

Glynis & Diana

Performing Arts Teachers











Year 5/6 Sovereign Hill Excursion

sovereignhill

Where: Sovereign Hill

When: 22nd March 2022

To further explore our Inquiry into Democracy, students in 5/6A and 5/6B will participate in a learning program at Sovereign Hill. We will walk to Sovereign Hill and learn about the key events of the Eureka Rebellion and discover the significant impact this movement had on our developing country.

Students will need to bring their recess and lunch in a paper bag, drink bottle and hat. As we are walking, suitable shoes are required such as runners.

Please ensure permission forms are returned to school no later than the 18th of March.

2023 YEAR 7



NO LUNCH ORDERS until further notice.





invited to attend the Information Evening at Phoenix P-12 Community College, Sebastopol Campus. Discover first-hand how your child can

share in the lifetime benefits of an excellent secondary education.

hoenix

The evening will include a tour and information session from 5.30 pm, allowing visitors an opportunity to experience interactive displays of students' work across a variety of learning areas.

Information Evening Format

Please enter the school via the Hertford Street gate, check in and register your contact details.

5:30pm - 6:15pm Tour the College 6:15pm - 7:00pm Information Presentation held in the Gymnasium

The Sebastopol Campus of Phoenix P-12 Community College offers a broad range of scholarship opportunities, as well as the Phoenix P-12 Academic Achievers SEAL* Program, available to gifted and talented students.

Further information will be available at the Information Evening.

"In Knowledge there is Opportunity"

Our programs at Sebastopol Campus of Phoenix P-12 Community College are designed to encourage the highest standards of achievement in everything our students undertake.

SEBASTOPOL CAMPUS Hertford Street, Sebastopol VIC 3356 (+613) 5329 3293 Tel nix.p12.cc@education PO Box 49, Sebastopol VIC 3356 Post

www.phoenix.vic.edu.au



Parents of students in Grades 4, 5 and 6 are warmly encouraged to attend

INFORMATION WOODMANS HILL **EVENING** SECONDARY COLLEGE

Wednesday 16th March, 2022

Information Sessions will be held at 5.00pm and 6.00pm in the Theatre, followed by school tours. Bookings essential.



www.woodmanshill.net.au

Woodmans Hill - Fussell Street Ballarat, Ph: 5336 7264



Please help our school win the war against head lice by checking your child's hair each week.



www.facebook.com/Mtpleasps





If your child is missing a school jumper, please check our lost property supply.

We urge families to please name their school **uniforms** so that items brought to the office can be returned to students.

Positive Start in 2022: FREE holiday camps

Dear parents and carers

During the past 2 years, the COVID-19 pandemic has meant that many students have missed out on the opportunity to experience outdoor activities in an organised, social and supportive environment.

The Victorian Government is committed to supporting the health and wellbeing of all children and young <u>people</u>, and is offering the chance for eligible students to attend a free camp program as part of the Positive Start in 2022 initiative, during the 2022 school holiday periods.

Free camps for eligible students

Camps are a great way for young people to build confidence, experience new activities, learn leadership skills, connect socially and make new friends.

Holiday camp programs can range from single overnight experiences to spending several nights away.

While on camp, your child may enjoy a range of social and adventure activities which could include team challenges, bush walks, orienteering, hut building, cooking, bush walks, painting with nature, rope courses, abseiling and canoeing. Camp providers will make every effort to ensure they are accessible to all students and will list their facilities and supports available on the Positive Start website.

Express your interest today

Places are limited, so if you are interested in this opportunity for your child or children, register your interest as soon as possible. Registrations close Friday 25 March 2022.

For further information, including how to register, visit: <u>https://vacsdata.educationapps.vic.gov.au/PositiveStartHolidayCamps/</u> or scan the QR code.



TORIA

Please also refer to the Holiday Camp Information below.

Once you register your interest, the Department of Education and Training will send you more information about available programs and how you can secure a booking.

Find out more

For further enquiries about the Positive Start holiday camps or to register your interest, contact positivestart@education.vic.gov.au

Kind regards

Stephen Fraser Deputy Secretary School Education Programs and Support Department of Education and Training



or runny nose.

One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

What you need to know

If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

- If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:
- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) <u>online self-assessment tool</u>.
 Visit: <u>Where to get tested</u>.

A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

Children with persistent symptoms due to underlying conditions such as hay fever or asthma whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/ school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough

Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms such as a runny nose or cough and may return to school/ ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the <u>DHHS school</u> <u>exclusion table</u>.

4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

Thank you for your support in following these steps, together we can all stay safe.



This advice has been prepared by the Department of Education and Training, Safer Care Victoria and the Department of Health and Human Services

2022 Event Timetable

Senior Timetable

	Year 3	Year 4	Year 5	Year 6
9:10	Depart School	Depart School	Depart School	Depart School
9.20	ARRIVE	ARRIVE	ARRIVE	ARRIVE
9.30	800m*	800m*	800m*	800m*
9:50	5 min run	5 min run	5 min run	5 min run
10.00	Long Jump	Shot Put	Discus	High Jump
10.30	High Jump	Long Jump	Shot Put	Discuss
11.00	SPECTATE JNR 100m/BREAK	SPECTATE JNR 100m/BREAK	SPECTATE JNR 100m/BREAK	SPECTATE JNR 100m/BREAK
11.30	100m	100m	100m	100m
12.00	Discuss	High Jump	Long Jump	Shot Put
12.30	Shot Put	Discuss	High Jump	Long Jump
1.00	LUNCH	LUNCH	LUNCH	LUNCH
1.30	Hurdles	Hurdles	Hurdles	Hurdles
1:45	Tabloid Sports	Tabloid Sports	Tabloid Sports	Tabloid Sports
2.00	Tabloid Sports	Tabloid Sports	Tabloid Sports	Tabloid Sports
2.15	Relays	Relays	Relays	Relays
	PRESENTATIONS	PRESENTATIONS	PRESENTATIONS	PRESENTATIONS
2:30	FILIERIATIONS			

Junior Timetable

	Foundation	Year 1	Year 2
9:25	DEPART SCHOOL	DEPART SCHOOL	DEPART SCHOOL
9:35	ARRIVE	ARRIVE	ARRIVE
9:40	SPECTATE & Fruit Break	SPECTATE & Fruit Break	SPECTATE & Fruit Break
9:50	5 min run	5 min run	5 min run
	Snack then TABLOIDS <mark>*</mark>	Snack then TABLOIDS <mark>*</mark>	Snack then TABLOIDS*
	Obstacle Relay <mark>*</mark>	Obstacle Relay <mark>*</mark>	Obstacle Relay <mark>*</mark>
10:00	Jumping Sack Relay <mark>*</mark>	Jumping Sack Relay <mark>*</mark>	Jumping Sack Relay <mark>*</mark>
	Egg & Spoon <mark>*</mark>	Egg & Spoon <mark>*</mark>	Egg & Spoon <mark>*</mark>
	Target Hoop Bean Bag	Target Hoop Bean Bag	Target Hoop Bean Bag
	Throw <mark>*</mark>	Throw <mark>*</mark>	Throw*
11.00	60m	80m	80m
11:30	SPECTATE – 100m Senior	SPECTATE – 100m Senior	SPECTATE – 100m Senior
12.00	Sack Races	Discuss	Discus
12:30	LUNCH	LUNCH	LUNCH
1.15	Egg & Spoon Ball Toss	Long Jump & Shot Put	Long Jump
2:00	Sponge / Bubbles	Relays	Relays
2:15	Pack Up	Pack Up	Pack Up
2.30	DEPART	DEPART	DEPART