



# Mount Pleasant Primary School

# NEWSLETTER



Newsletter Number 32

21<sup>st</sup> October 2021

## Upcoming Dates

2 <sup>nd</sup> November	Melbourne Cup Public Holiday
4 <sup>th</sup> November	School Photo Day
8 <sup>th</sup> November	Curriculum Day – Student Free Day
9-10 <sup>th</sup> November	Yr. 5/6 Sovereign Hill Excursion
17-18 <sup>th</sup> November	Bookfair (updated date)

All students will return to onsite learning tomorrow.



## News from the Principal

Dear Families,

We are thrilled to be welcoming all students back to school tomorrow – Friday 22<sup>nd</sup> October!

This is a genuinely exciting time for all schools, families and students across Victoria.



Again, mask wearing has gone very well and our students must be congratulated on their adherence and resilience in this new requirement. Students are required to wear a mask indoors unless an exemption applies. We make sure we give students regular mask breaks and they are not required to wear them outside during recess or during PE.

Now that all students are back on site we will again be focussing on “nude food”. This is important to our students and school environment. Packaged food comes with a many environmental and health impacts as well as costing so much more! See an attached page on the cost benefits of packing nude food.



Term 4 will be very busy; we ask that families keep up to date via the Newsletter each week.

### School Photos:

School photos are coming up soon. All children **must be in full school uniform with a navy-blue school jumper** (they can be purchased from Crockers or a plain navy-blue jumper from Big W/Lowes/Best and Less – hoodies are not suitable) for the school photos. *This has been a long-standing requirement of school photos at MPPS.* All children must be wearing the correct school uniform when in class photos. Please see attached the school uniform price list or contact the Admin Office if you would like to purchase a second-hand jumper. Students will still need to bring their jumper even if the weather is warmer for the photo.

### 2022 Classes:

We have started the process of staff appointments and class lists will also begin soon. If you are moving on from MPPS or plan on enrolling a child for next year, please let the Admin Office know ASAP.

### Foundation Transition:

Letters to enrolled Foundation students for 2022 have now been sent out to newly enrolled families. Only enrolled students have been sent a letter. Please ensure if your child is planning on attending Foundation next year that they are enrolled as soon as possible.

### School Camp:

Year 3-6 Camp is in the first week of December. Please return your notes ASAP. We will be having a Webex meeting before camp for families – this is a compulsory for all families to attend prior to their child going on camp. Families who do not attend will not be able to have their child attend school camp.

### Stay Late at School:

We are in the midst of planning a Stay Late at School event in November for all of our students. Our students have been so resilient this year that we want to acknowledge their effort with a fun event! Stay tuned...

## Wellbeing:

We continue to focus on Wellbeing, for our students, staff and wider community. This means following the correct hygiene and restrictions measures. It also means ensuring we are looking after ourselves through good sleep habits, good eating habits and getting outside for fresh air and sunshine.

## Pick Up Times and After School Care:

A reminder that school pick up time is between 3.15pm and 3.30pm. We kindly request that families observe these times. We are lucky to have on site After School Care that you can book your child/ren into if you need a later pick up time. Contact Extend directly on 1300 366 437

We discourage families picking children up early from school unless there is a valid reason to do so such as a medical appointment. If you arrive early to pick your child up without prior communication, you may need to wait until there is an available staff member to go to the classroom to collect them.

## School Photos and School Uniform:

Wearing school uniform is compulsory at Mount Pleasant Primary School. Wearing a uniform develops a sense of belonging and promotes equality in our learning community, assists in student safety by ensuring staff are able to identify children when on local walks and excursions, and reduces clothing costs over time. Please ensure your child wears the correct and clean school uniform each day. Navy blue items such as shorts, pants, t shirts and jumpers can all be purchased at very reasonable prices from a range of stores. For embroidered school uniform pieces, you can purchase from Crockers in Ballarat.

Warm regards,

Kate Robinson

Principal



**No Lunch orders next week.** Lunch orders will resume Wednesday 3<sup>rd</sup> November (Week 5).



*I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.*



## School Photos are finally here!



The school photographs will be taken on **Thursday 4<sup>th</sup> November**. Personalised student envelopes must be returned with payment on **the day** of photographs.

If anyone would like a family photograph, please collect a separate family envelope from the general office.



Please remember ...

On photo day, please send your child to school with:

1. A completed envelope (even if not placing an order or ordering online)
2. Best school clothes including school jumper.
3. Their very best smile

## BRAINS FOR LEARNING

# COST OF A NUDE FOOD LUNCH

Celery sticks	.30c
Half an orange	.50c
Popcorn	.20c
Arnotts biscuits	.30c
Handful of Savoy's	.40c
Sandwich	.70c

TOTAL: \$2.10



# Performing Arts News



It's been so good to be back with students in the Performing Arts Room!

In Grades F1A and F1B we've been singing songs, revising our echo-back rhythm skills and working on our movement and choreography skills (see photos). Our aim is to devise our own class dance to perform, based on moves created by all the students.

Last week, the Grade 23 students created a 'lockdown talent show' where we had a chicken dance, a ninja demonstration, gamers, backbend experts and a 'penguin gone wild'! We will be learning a folk song to sing and play percussion with, to perform for others in a few weeks' time.

The Grade 45 students will be developing their character-making skills this term and creating short scenes to perform. In Grade 56 we have started working on a scripted play I wrote for our students to showcase their comedic skills called "The Random Recipe Challenge". Everyone has a role where they can add their own ideas and lines to make it their own.

It's going to be an exciting action-packed term of Performing Arts!



## Let's roll back into Term 4 with spring rolls!

To welcome all the students back to school in Week 4, students will be making spring rolls with Hua in Chinese class. Students will use the following ingredients: Spring roll pastry, vermicelli rice, bacon, carrots, onion, garlic, vegetable oil, salt and soy sauce. **Please contact the general office if any students are unable to participate due to food allergies/intolerances.**



## Year 5 and 6 Sovereign Hill Costume School Experience Excursion 9<sup>th</sup> & 10<sup>th</sup> November

Year 5 and 6 students are looking forward to participating in the Sovereign Hill costume school experience. We will attend this unique two day, fully immersive, costumed school to role play and learn about school life in the diggings. We are also very fortunate to offer this experience to our 5/6 students at no cost!

**Please note: This is not an overnight excursion; students will travel to Sovereign Hill each day by bus departing school at 8.30 am and returning at approx. 3.30 pm. We are sorry for the inconvenience of these pick up and drop of times and appreciate your understanding.**

Please return your completed Excursion forms as soon as possible. – Mrs. Dean

## Camp for years 3,4,5 and 6 will be held on Wednesday 1<sup>st</sup> December to Friday 3<sup>rd</sup> December.



Total cost of camp fees is \$240, with a deposit included of \$50 to be paid by **Monday 25<sup>th</sup> of October**. All forms and full payment to be received by **Friday 5<sup>th</sup> November**. If you would like to discuss payment arrangements, please contact the general office.

## Students don't forget your hat!

(Students are required to wear a hat at school from September through to April)  
Hats are available at the office to purchase for \$6 or at local retailers.



## GET ACTIVE KIDS VOUCHER PROGRAM



Apply for up to \$200 to support your child in sport and active recreation activities.

- To be eligible your child must be:
- aged 0 to 18 years
  - a resident in Victoria
  - named on a valid Health Care Card or Pensioner Concession Card and Medicare Card.

Visit [getactive.vic.gov.au](http://getactive.vic.gov.au)

3<sup>rd</sup> Round Available NOW!



ELIGIBLE EXPENDITURE DATES	CLAIM PERIODS (applications open)
1 Jan 2021 - 11 Apr 2021	1 Mar 2021 - 11 Apr 2021 NOW CLOSED
1 Jan 2021 - 30 July 2021	31 May 2021 - 30 July 2021 NOW CLOSED
1 Jan 2021 - 30 Nov 2021	4 Oct 2021 - 30 Nov 2021
30 Nov 2021 - 15 Apr 2022	7 Mar 2022 - 15 Apr 2022





# CROCKERS

**10 % Discount**

Off listed Price – All Uniform items

**November Only**

Layby Welcome

## Mount Pleasant Primary School Pricelist Boys & Girls

Valid to 30 June 2022

**10 % Discount**

Off listed Price – All Uniform items

**November Only**

Layby Welcome

Uniform		Accessories	
Polo Top – Short sleeve – sky blue – TO CLEAR Size 10c – small only	\$ 5.00	Reader Bag – navy	\$13.50
Polo Top – long sleeve – sky blue – TO CLEAR	\$ 5.00	Hybrid Hat	\$15.50
Shorts – Heavy cotton rugby (navy)	\$23.50	Art Smock	\$20.50
Shorts – gaberdine (navy)	\$23.50	Tights – Columbine - navy	\$21.95
Skorts (navy)	\$24.50	Beanie, navy	\$12.00
Summer Dress – Gingham (navy/white check)	\$22.50	Socks – 3 pack anklets – navy / white	\$14.95
Super Fleece Rugby Top – navy with sky blue pinstripe	\$41.50		
Soft Shell jacket – full zip, navy	\$45.00	Name Labels – Pre ordered Garment Labels per 50 units	\$23.50
Polar Fleece Vest	\$26.00		
Polar Fleece Jacket	\$35.00		
Trackpants – double knee, navy	\$29.95		
Pants – gaberdine – double knee, navy	\$37.95		
Pants- girls leisure pants	\$31.95		

### Crockers Trading Hours

Mon – Fri : 9.00am to 5.00pm Sat: 9am to 1pm

4 Armstrong Street North, Ballarat VIC 3350

Phone: 03 5331 3222 Fax : 03 5331 7979

Email: [crockers@noone.com.au](mailto:crockers@noone.com.au)

One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

## What you need to know

### 1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

### 2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

### 3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

**Children with persistent symptoms due to underlying conditions such as hay fever or asthma** whose symptoms are clearly typical of their condition can continue to attend ECEC/school.

They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

**Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms** such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

### 4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

**Thank you for your support in following these steps, together we can all stay safe.**



This advice has been prepared by the Department of Education and Training, Safer Care Victoria and the Department of Health and Human Services




# 24/7 Mental Health Services

## Beyond Blue

*Anyone feeling anxious or depressed*

 [beyondblue.org.au](https://beyondblue.org.au)

 1300 22 4636

## Kids Helpline

*Counselling for young people aged 5 to 25*

 [kidshelpline.com.au](https://kidshelpline.com.au)

 1800 55 1800

## MensLine Australia

*Men with emotional or relationship concerns*

 [mensline.org.au](https://mensline.org.au)

 1300 78 99 78

## Open Arms

*Veterans and families counselling*


 [openarms.gov.au](https://openarms.gov.au)

 1800 011 046

## Lifeline


*Anyone having a personal crisis*


 [lifeline.org.au](https://lifeline.org.au)

 13 11 14

## Suicide Call Back Service

*Anyone thinking about suicide*

 [suicidecallbackservice.org.au](https://suicidecallbackservice.org.au)

 1300 659 467



**Is it an emergency?**

If you or someone you know is at immediate risk of harm, call **triple zero (000)**