



# Mount Pleasant Primary School NEWSLETTER



Newsletter Number 26

26<sup>th</sup> August 2021

## Upcoming Events

Book Week	23 <sup>rd</sup> - 27 <sup>th</sup> August
Werribee Zoo excursion F/1 Students	Postponed
Father's Day Stall	3 <sup>rd</sup> September
School Photo Day	3 <sup>rd</sup> September
Lal Lal Excursion	Postponed
Student Free Day	7 <sup>th</sup> September

## Movie night coming up



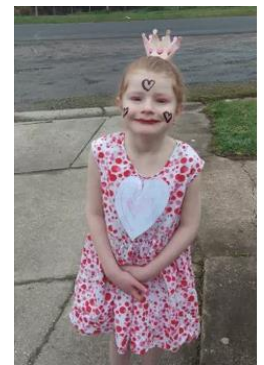
Stay posted...



## BOOK WEEK DRESS UP DAY



Thank you everyone for getting into the true spirit of book week today by dressing up as your favourite book character.



Follow us

@facebook

[www.facebook.com/Mtpleasps](https://www.facebook.com/Mtpleasps)

## Excursion Reminder

All excursions are subject to covid restrictions during this time. Thank you for your patience.

FOLLOW US ON  
INSTAGRAM



@mountpleasantprimaryschool

Please welcome student teacher Keeley to our school community.



My name's Keeley Thorp, I'm 23 studying my Masters of Primary school teaching at Swinburne online. I consider myself a creative person with my Bachelors in 3D animation and my hobbies including drawing and writing. I mainly draw and create characters with over 100 currently designed with different styles, personalities, and backstories. Twice a week I meet up with friends to participate in creative and conflict resolution exercises with an emphasis to quickly assess the given tools to resolve situations. I am in charge of organizing one of these days with formulating action plans and execution, whilst I encourage character building scenarios and employ positive reinforcement. This is all a fancy way to say that I play role playing games along with the occasional board game like Dungeons and Dragons, Sheriff of Nottingham or Villainous twice a week.



Issue 6 of Book Club order forms have been sent home and are due back on **Wednesday 1<sup>st</sup> September**. Orders can be placed and paid for online via the LOOP or by completing the form on the catalogue and return to the school with cash.

### 2022 Enrolments



We are beginning to plan our 2022 Transition Program for our new Foundation students next year. At this stage we are not able to do school tours onsite. If you know anyone who is enrolling with us next year, please ask them to contact the school directly for an enrolment pack on 03 – 5332 3646.

During lockdown it can be a difficult time for families. We are all in this together. Here is a range of services available to support families, including.

#### The Orange Door

1800 219 819  
[cha@orangedoor.vic.gov.au](mailto:cha@orangedoor.vic.gov.au)  
21 Armstrong Street North  
Ballarat, 3350



#### CAFS (Child and Family Services)

52 Grant Street  
Phone: 1800 692 237



#### Head Space

28 Camp Street, Ballarat Victoria 3350  
03 5304 4777

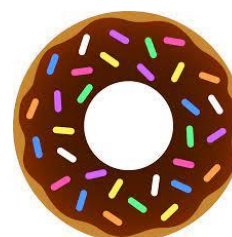


If you require help accessing these services, please contact Wellbeing Co-ordinator – Mrs Leah Lacny to assist. There are further details regarding services in this Newsletter.



**Extend After School Care**  
**3.15 pm – 6.00pm**  
**Call 1300 366 437 for enquiries**

### # Donut Selfie



Coming soon!

I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.





One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

## What you need to know

### 1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

### 2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

### 3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

#### Children with persistent symptoms due to underlying conditions such as hay fever or asthma

whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

#### Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms

such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

### 4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

Thank you for your support in following these steps, together we can all stay safe.



This advice has been prepared by the Department of Education and Training, Safer Care Victoria and the Department of Health and Human Services



# 24/7 Mental Health Services

## Beyond Blue

*Anyone feeling anxious or depressed*

 [beyondblue.org.au](https://beyondblue.org.au)

 1300 22 4636

## Kids Helpline

*Counselling for young people aged 5 to 25*

 [kidshelpline.com.au](https://kidshelpline.com.au)

 1800 55 1800

## MensLine Australia

*Men with emotional or relationship concerns*


 [mensline.org.au](https://mensline.org.au)

 1300 78 99 78

## Open Arms

*Veterans and families counselling*


 [openarms.gov.au](https://openarms.gov.au)

 1800 011 046

## Lifeline


*Anyone having a personal crisis*


 [lifeline.org.au](https://lifeline.org.au)

 13 11 14

## Suicide Call Back Service

*Anyone thinking about suicide*

 [suicidecallbackservice.org.au](https://suicidecallbackservice.org.au)

 1300 659 467



**Is it an emergency?**

If you or someone you know is at immediate risk of harm, call **triple zero (000)**