



Mount Pleasant Primary School

NEWSLETTER



Newsletter Number 25

19th August 2021

Upcoming Events

Book week	23 rd - 27 th August
Book Week dress up/parade	26 th August
Werribee Zoo excursion F/1 Students	30 th August
Father's Day Stall	1st September
School Photo Day	3 rd September
Lal Lal Excursion	3 rd September
Student Free Day	7 th September

Book Week



Thursday 26th August

Dear Families,

Incredibly we are now halfway through Term 3 – the year is flying by!

Next week is Book Week, the theme is Old Worlds, New Worlds, Other Worlds. This has linked to our whole school Inquiry and students have already been exploring the notion of the worlds we live in, imagine and are curious about. We invite children to DRESS UP as their favourite book character – families are encouraged to find things at home to use as part of their costumes. We will have a Book Parade on Thursday 26th August and will welcome back Ballarat Story Teller – Read by Renee on Friday 27th August to finish our celebrations. We will keep families up to date with festivities via Facebook and Instagram.

This week we have CCTV being installed at our school. You will see notices going up in and around the school as this work progresses. School Council will oversee a Policy at our next meeting which will then be provided to our learning community via the Newsletter.

We are having a whole school focus on “nude food” – our students have identified this as a focus! We are so proud of the efforts of families to bring “nude food” to school. This helps our environment, our playground and our health. We will be doing further work together on this as the year progresses.

Please note that masks are still mandatory inside and outside. We ask that if you are entering the Admin Office that you use the QR code and abide by the restrictions numbers of people allowed in that space.

Please adhere to social distancing restrictions and prompt pickups at the gate. Our school and staff are required by the DET to abide by these Operational Guidelines that are put in place by the Victorian government.

Unwell Children:

If a child becomes unwell during the day, they must be collected from school as soon as possible. Please keep your child at home until they are well again. Remind your child to practice good hand hygiene and wash their hands. For further details please see further details at the back of this newsletter.

Wet Clothing:

Some children are getting very muddy at lunch and recess. Please talk to your child/ren about staying out of wed/muddy puddles. We have put some areas of the school yard “out of bounds” on wet days. Please ensure your child/ren have a jacket for rainy days. We try to ensure children/ren are able to get out each day for some fresh air and a run around.

2022 Enrolments:

We are beginning to plan our 2022 Transition Program for our new Foundation students next year. At this stage we are not able to do school tours onsite. If you know anyone who is enrolling with us next year, please ask them to contact the school directly for an enrolment pack on 03 – 5332 3646.

Wellbeing:

We continue to focus on Wellbeing, for our students, staff and wider community. This means following the correct hygiene and restrictions measures. It also means ensuring we are looking after ourselves through good sleep habits, good eating habits and getting outside for fresh air and sunshine when it is here.

Available services:

There are a range of services available to support families, including:

The Orange Door

1800 219 819

cha@orangedoor.vic.gov.au

21 Armstrong Street North
Ballarat, 3350



CAFS (Child and Family Services)

52 Grant Street

Phone: 1800 692 237



Head Space

28 Camp Street, Ballarat Victoria 3350
03 5304 4777



If you require help accessing these services, please contact Wellbeing Co-ordinator - Leah Lacny to assist. There are further details regarding services in this Newsletter.

School Photos and School Uniform:

Wearing school uniform is compulsory at Mount Pleasant Primary School. Wearing a uniform develops a sense of belonging and promotes equality in our learning community, assists in student safety by ensuring staff are able to identify children when on local walks and excursions, and reduces clothing costs over time. School photos are this term and all students are required to wear a clean school jumper for their class photo.

Pick Up Times and After School Care:

A reminder that school pick up time is between 3.15pm and 3.30pm. We kindly request that families observe these times. We are lucky to have on site After School Care that you can book your child/ren into if you need a later pick up time. Contact Extend directly on: 1300 366 437

Kate Robinson
Principal

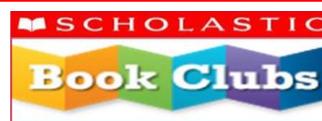
I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Friday 3rd September 2021 – Year 2-6 Lal Lal excursion

The Year 2,3,4,5 and 6 students will be travelling to Lal Lal to take part in Indigenous games and a very special 'Smoking Ceremony' led by a local Indigenous elder as part of our Inquiry topic. The students will be **returning at approx. 3:30pm** that day.

The Excursion is free of charge. Permission forms need to be back by Friday 27th of August 2021.



Issue 6 of Book Club order forms have been sent home and are due back on Wednesday 1st September. Orders can be placed and paid for online via the LOOP or by completing the form on the catalogue and return to the school with cash.

Art Exhibition - Perspective

Last week we had the exhibition of our Arts Intensive Projects. Glynis and I have had much pleasure in working with the students to create a fabulous performance and turning the PE Zone into an Art Zone.

We would like to thank all the students for their hard work and persistence and the staff for their flexibility in enabling the projects to happen. The Art exhibition, Perspective, was held last Wednesday and was well received by the whole school. Students were able to reflect on how the artworks explored the theme of perspective in thoughtful and articulate ways.

Some comments from the students:

"Dom's work was fantastic; it was like being inside a city."



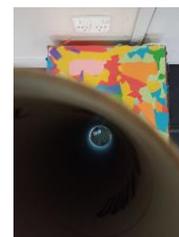
"Looking into the tubes transported me to another place, like space. Until afterward when you realise it's just the inside of a box."

"Seth's work was really engaging, what we see reflected appears dangerous. The fractured mirror is like our fragile Earth, the lamp the sun, the hearts our hope."



"Archie's work controlled where I looked. I couldn't see anything except his reflective world inside the box."

"Matilda's hanging work outside is really good. I like the way it was outside, and you have to look through the window to see it."



Please see our Facebook and Instagram for further snippets of the final display.

Kellie



ARTS INTENSIVE PERFORMANCE: "Somewhere along the line."

What an incredible performance was seen last week at Mt Pleasant Primary! The Arts Intensive performance group presented their original self-made show called "Somewhere along the line." to their fellow students.

The audience was absolutely riveted to every moment of this unusual performance where the actors spoke in a made-up language for the entire show! The performers were so focused in the 'world' they had created that the audience understood exactly what was going on. There were jugglers and musicians playing; there were traders of food water and long sticks; a crime was committed (and punishment served), and then unwelcome news arrived that their camp had to be packed up and moved on.

Every performer helped to create the show through a series of tasks and explorations which they improvised and rehearsed over 6 weeks (spread out over two terms thanks to a couple of lockdowns). Each actor committed 100 percent of their effort to their character and the world they created together. Congratulations everyone! It was an impressive achievement from all of you.



Follow us

f @facebook

www.facebook.com/Mtpleasps



Lunch Orders every Wednesday

\$5 and \$8 lunch order forms available at the office and attached to the newsletter.

FOLLOW US ON INSTAGRAM



@mountpleasantprimaryschool

PERFORMING ARTS

It's been a patchy start to this term with two lockdowns but the creative students at Mt Pleasant Primary never stop creating!

In Grade F1 and 23 we have been exploring choreographic elements of movement, using different levels, stillness, locomotion, and in-place movement. We are developing movement sequences which we can teach to a partner. We have also been composing rhythms using word patterns and tuned and untuned instruments.

In Grades 45 & 56 we've revisited songs that tell stories from last term's work and created action sequences for them. We have explored ways to 'endow' roles and characters to make active, clear improvisation beginnings. This week we will start to learn composition-making skills using glockenspiels and pentatonic scales.



Edible Insects Excursion – Year 5 and 6



This Monday the Year 5 and 6 students travelled to Ballarat Tech school. As a group, we learnt about insects that are edible such as meal worms and crickets.

We cooked with the edible insects in pairs. We made Chocolate Chip Cookies and Meatless Balls with crickets and meal worm powder.

We then looked at questions about edible insects such as 'What do Mealworms eat?' Apple cores for example.

Then we used the 'Inside explorer' tables in small groups that were very fun.

We then tried out our cooking of meatless balls and cookies.



"Gross!"

"Tastes like dirt"



"Delicious"



"soft"



"Yummy"

"Very dry"

PLEASE WEAR SCHOOL UNIFORM

School uniform is compulsory at MPPS.

Please ensure your child/ren are wearing a clean uniform to school each day.

Get ready – next week is Book Week!



This year's Book Week theme is 'Old Worlds, New Worlds, Other Worlds' and ties in perfectly with our Inquiry this term. We have so many fun activities and surprises planned for the week. The most anticipated part of any Book Week is dress up day. **Dress up day will be next Thursday 26th August.** Dress up as your favourite book character. There will be prizes for each class! Don't forget to follow the school's Facebook and Instagram to see all the exciting things happening next week!



SCHOOL PHOTOS

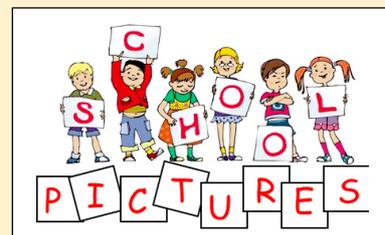
The School photographs will be taken on **Friday 3rd September**. Personalised student envelopes must be returned with payment on the day of photographs and all students are required to be in full school uniform.

If anyone would like a family photograph, please collect a separate family envelope from the general office.

Please remember ...

On photo day, please send your child to school with:

1. A completed envelope (even if not placing an order or ordering online)
2. **Best school clothes including school jumper.**
3. Their very best smile



One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

What you need to know

1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

Children with persistent symptoms due to underlying conditions such as hay fever or asthma

whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms

such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

Thank you for your support in following these steps, together we can all stay safe.



This advice has been prepared by the Department of Education and Training, Safer Care Victoria and the Department of Health and Human Services



24/7 Mental Health Services

Beyond Blue

Anyone feeling anxious or depressed

 beyondblue.org.au

 1300 22 4636

Kids Helpline

Counselling for young people aged 5 to 25

 kidshelpline.com.au

 1800 55 1800

MensLine Australia

Men with emotional or relationship concerns

 mensline.org.au

 1300 78 99 78

Open Arms

Veterans and families counselling

 openarms.gov.au

 1800 011 046

Lifeline

Anyone having a personal crisis

 lifeline.org.au

 13 11 14

Suicide Call Back Service

Anyone thinking about suicide

 suicidecallbackservice.org.au

 1300 659 467



Is it an emergency?

If you or someone you know is at immediate risk of harm, call **triple zero (000)**

MOUNT PLEASANT PRIMARY SCHOOL

\$5 Lunch

Child's Name: _____ Class: _____

Please choose (and tick) ONE item from each section.

HOT FOOD

- Party Pies (3 pack)
- Party Sausage Rolls (3 Pack)
- Dim Sims (3 Pack)
- Penne Napolitana

SNACKS

- Chocolate Chip Biscuit
- Jelly
- Watermelon

SAUCE

- Tomato Sauce
- Soy Sauce

JUICE BOX

- Apple & Blackcurrant
- Tropical
- Orange
- Apple
- Water Pop Top

MOUNT PLEASANT PRIMARY SCHOOL

\$8 Lunch

Child's Name: _____ Class: _____

Please choose (and tick) ONE item from each section.

HOT FOOD

- Meat Pie
- Penne Napolitana
- Pizza (Ham & Pineapple)
- Sausage Roll
- Dim Sims (4 pack)

SNACKS

- Iced Doughnut
- Chocolate Chip Biscuit
- Jelly
- Watermelon

SAUCE

- Tomato Sauce
- Soy Sauce

DRINKS

- Chocolate Oak Milk (300ml)
- Strawberry Oak Milk (300ml)
- Fresha Orange Drink (300ml)
- Mount Franklin Water (500ml)